Clinical Trial Protocol
Iranian Registry of Clinical Trials

22 Nov 2026

The effect of menopausal instruction of husbands on perceived social support by Perimenopausal women in Gonabad town

Protocol summary

Summary

The purpose of this study was to evaluate the effect of menopausal instruction of husbands of perceived social support by peri-menopausal women. In this study, 102 women aged between 45-60 years in Gonabad town were randomly selected and assigned in two groups. First, demographic questionnaire and social support scale completed by all of the women and knowledge questionnaire completed by their husbands, then face to face education about menopause were scheduled and a booklet was distributed for husbands of intervention group. One month later all of the women completed social support scale and their husbands completed knowledge questionnaire.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT138712211757N1**
Registration date: **2009-07-18, 1388/04/27**
Registration timing: **retrospective**

Last update:
Update count: **0**

Registration date

2009-07-18, 1388/04/27

Registrant information

Name

Narges Bahri

Name of organization / entity

Gonabad university of medical sciences

Country

Iran (Islamic Republic of)

Phone

+98 53 3722 3028

Email address

nargesbahri@gmu.ac.ir

Recruitment status

Recruitment complete

Funding source

Gonabad Univesity of Medical Sciences

Expected recruitment start date

2003-05-10, 1382/02/20

Expected recruitment end date

2004-11-15, 1383/08/25

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The effect of menopausal instruction of husbands on perceived social support by Perimenopausal women in Gonabad town

Public title

The effect of menopausal instruction of husbands on perceived social support by Perimenopausal women in Gonabad town

Purpose

Supportive

Inclusion/Exclusion criteria

Inclusion criteria: Iranian citizen, living in Gonabad city, Exclusion criteria: Inability to fill the social supportive scale questionnaire, pregnancy, hormone replacement therapy, receiving any information on the issue during 3 months prior to intervention by husband, studying any book or pamphlet on the issue during 3 months prior to intervention by husband, inability of husband to learn, presence of any medical or psychological disorder, previous hysterectomy or ovophorectomy, presence of any special stressful event during 6 months prior to intervention

Age

From **46 years** old to **60 years** old

Gender
Female

Phase
N/A

Groups that have been masked
No information

Sample size
Target sample size: **102**

Randomization (investigator's opinion)
N/A

Randomization description

Blinding (investigator's opinion)
Not blinded

Blinding description

Placebo
Not used

Assignment
Other

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee
Gonabad University of Medical Sciences

Street address
Gonabad University of Medical Sciences, Imam khomeini st., Gonabad

City
Gonabad

Postal code
96915

Approval date
empty

Ethics committee reference number
14

Health conditions studied

1

Description of health condition studied
Menopause

ICD-10 code

ICD-10 code description

Primary outcomes

1

Description
Social support

Timepoint
before and one month after education

Method of measurement
Cassidy Social Support Scale

Secondary outcomes

1

Description
Husband's knowledge about menopause

Timepoint
knowledge before and one month after educational program

Method of measurement
Questonnaire

Intervention groups

1

Description
Face to face education about menopause were scheduled and a booklet was distributed for husbands

Category
Other

Recruitment centers

1

Recruitment center

Name of recruitment center
Gonabad University of Medical Sciences

Full name of responsible person
Narges Bahri

Street address
Gonabad University of Medical Sciences

City
Gonabad

Sponsors / Funding sources

1

Sponsor

Name of organization / entity
Gonabad Universtity of Medical Sciences

Full name of responsible person
Ali Ekrami

Street address
Gonabad Universtity of Medical Sciences

City
Gonabad

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?
Yes

Title of funding source
Gonabad Universtity of Medical Sciences

Proportion provided by this source
100

Public or private sector
empty
Domestic or foreign origin
empty
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
empty

Person responsible for general inquiries

Contact
Name of organization / entity
Gonabad University of Medical Sciences
Full name of responsible person
Narges Bahri
Position
Acaedemic member
Other areas of specialty/work
Street address
Gonabad University of Medical Sciences
City
Gonabad
Postal code
96915
Phone
+98 53 3722 3028
Fax
+98 53 3722 3814
Email
nargesbahri@yahoo.com
Web page address

Person responsible for scientific inquiries

Contact
Name of organization / entity
Gonabad Unervisity of Medical Sciences
Full name of responsible person
Narges Bahri
Position
Master of midwifery
Other areas of specialty/work
Street address
Gonabad Unervisity of Medical Sciences
City
Gonabad
Postal code
96915
Phone
+98 53 3722 3028
Fax
+98 53 3722 3814
Email
nargesbahri@yahoo.com
Web page address

Person responsible for updating data

Contact
Name of organization / entity
Gonabad University of Medical Sciences
Full name of responsible person
Narges Bahri
Position
faculty member of gonabad university of medical sciences
Other areas of specialty/work
Street address
Gonabad University of Medical Sciences
City
Gonabad University of Medical Sciences
Postal code
96915
Phone
+98 53 3722 3028
Fax
+98 53 3722 3028
Email
nargesbahri@yahoo.com
Web page address

Sharing plan

Deidentified Individual Participant Data Set (IPD)
empty
Study Protocol
empty
Statistical Analysis Plan
empty
Informed Consent Form
empty
Clinical Study Report
empty
Analytic Code
empty
Data Dictionary
empty