The Effectiveness of use and don’t use Group Reminiscence on Life Quality, General Health and Loneliness in Elderly

Protocol summary

Summary
The purpose of this study is the effectiveness of group reminiscence on life quality, general health and loneliness in elderly. It is a none blind clinical trail study. 40 resident and nonresident elderly women and men in Ghazvin city were selected and randomly will be in the group of 20. The pre-test runs For both groups, then, The experimental group will participated in 13 sessions of reminiscence therapy for 1 to 1.5 hour. Individuals in the first session chose their favorite topics. Subjects discussed about during every session in experimental group are: Parents; Marriage ;children; living in urban and rural areas ;The sweetest and most bitter memory of life; travel and games of childhood ; Job; economic conditions in past and present time; sisters, brothers, grandparents; benevolence ; changes of aging period ; worship and in the final session about favorite and arbitrary topic. The control group will participate in the 13th sessions ut during meetings, they just allowed talking about their everyday concerns. After the meeting comes to post-test for both groups. Two months after the end of the session after the test is performed in both groups. Inclusion criteria : 80-60 years old; willingness to participate in the research; orientation about time and place. Exclusion criteria :Any kinds of experiences of social-family crisis during research; hospitalization; having acute medical or mental illness; use of psychiatric medications; chronic mental illness; grief experienced at least from last 6 months.

General information

Acronym
IRCT registration information
IRCT registration number: IRCT2014110414333N22
Registration date: 2014-11-27, 1393/09/06
Registration timing: registered_while_recruiting

Last update: 
Update count: 0
Registration date
2014-11-27, 1393/09/06
Registrant information
Name
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kermanshah University of Medical Sciences
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Recruitment status
Recruitment complete
Funding source
Kermanshah University of Medical Sciences

Expected recruitment start date
2014-11-21, 1393/08/30
Expected recruitment end date
2014-12-21, 1393/09/30
Actual recruitment start date
empty
Actual recruitment end date
empty
Trial completion date
empty

Scientific title
The Effectiveness of use and don’t use Group Reminiscence on Life Quality, General Health and Loneliness in Elderly

Public title
The Effectiveness of Group Reminiscence on Life Quality, General Health and Loneliness in Elderly

Purpose
### Inclusion/Exclusion criteria

**Inclusion criteria:**
- 80-60 years old; willingness to participate in the research; orientation about time and place.

**Exclusion criteria:**
- Any kinds of experiences of social-family crisis during research; hospitalization; having acute medical or mental illness; use of psychiatric medications; chronic mental illness; grief experienced at least from last 6 months.

### Primary outcomes

1. **Description**
   - Quality of Life

2. **Description**
   - General Health

3. **Description**
   - Loneliness

### Intervention groups

1. **Description**
   - The experimental group participated in 13 sessions of reminiscence therapy for 1.5 to 1 hour. Individuals in the first session chose their favorite topics. Subjects in experimental group discussed about the following topics during every session:
   - Parents; Marriage; children; living in urban and rural areas; The sweetest and most bitter memory of life; travel, hobbies and games of childhood; job and employment; economic conditions in past and present time; sisters, brothers, grandparents; benevolence and charity; changes of aging period; mosques and worship and in the final session about favorite and arbitrary topic. After the meeting comes after the test. Two months after the end of the sessions, the experimental group performed the test again.

### Secondary outcomes

1. **Description**
   - Other
Description
The control group will participate in the 13th sessions during meetings, they just allowed talking about their everyday concerns. After the meeting comes after the test. Two months after the sessions again after the test is performed in the control group.

Recruitment centers

1
Recruitment center
Name of recruitment center
Aramesh Nursing home
Full name of responsible person
Masume Godarzi
Street address
Aramesh Nursing home, Zibashahr
City
Ghazvin

Sponsors / Funding sources

1
Sponsor
Name of organization / entity
Shahid Beheshti University of Medical Sciences
Full name of responsible person
Babak Habibi
Street address
Beside Taleghani Hospital, Yaman St, Shahid Chamran highway
City
Tehran
Grant name
Title of funding source
Shahid Beheshti University of Medical Sciences
Proportion provided by this source
100
Public or private sector
empty
Domestic or foreign origin
empty
Category of foreign source of funding
empty
Country of origin
empty
Type of organization providing the funding
empty

Person responsible for general inquiries

Contact

Person responsible for scientific inquiries

Contact

Person responsible for updating data

Contact

Sharing plan

Deidentified Individual Participant Data Set (IPD)
empty
Study Protocol
empty
Statistical Analysis Plan
empty
Informed Consent Form
empty
Clinical Study Report
empty
Analytic Code
empty
Data Dictionary
empty