

Clinical Trial Protocol

Iranian Registry of Clinical Trials

10 Jun 2026

The impact of enabling plan empowerment of mothers have mentally retarded student pupil in order to improve the quality of life components in special schools

Protocol summary

Summary

The effect of Family Empowerment Project on educable mentally retarded girls' quality of life parameters in special schools. Determination of the effect of Family Empowerment Project on "family interaction" in families with educable mentally retarded girls in special schools. Determination of the effect of Family Empowerment Project on "parenting capability" in families with educable mentally retarded girls in special schools. Determining the effect of Family Empowerment Project on "emotional health" in families with educable mentally retarded girls in special schools. Determination of the effect of Family Empowerment Project on "physical health" in families with educable mentally retarded girls in special schools. Determination of the effect of Family Empowerment Project on "support for the disabled" in families with disabled children in special schools. Determination of the effect of Family Empowerment Project on "mothers' resilience" in families with disabled children in special schools. The sample population was comprised of 75 mothers with mentally retarded girls who were enrolled by census. In the present study, participants will be assigned to one group, research instruments will be filled out before and after intervention, and no matching will be done. Inclusion criterion into the study is having an educable mentally retarded girl. Mothers of children with other disabilities will not be enrolled into this study. Empowerment intervention will be implemented by training methods such as lecturing using educational media, posters, booklets, videos, and pamphlets. The primary outcome is to seek the improvement of quality of life parameters; secondary outcome will be measurement of mothers' resilience rate, religious attitude, and aggression rate.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2015080923566N1**
Registration date: **2015-11-08, 1394/08/17**
Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2015-11-08, 1394/08/17

Registrant information

Name

Sakineh Askari Shahid

Name of organization / entity

Yasuj University of Medical Sciences

Country

Iran (Islamic Republic of)

Phone

+98 74 3323 2837

Email address

askari8808@yahoo.com

Recruitment status

Recruitment complete

Funding source

Yasuj University of Medical Sciences (YUMS)

Expected recruitment start date

2015-03-07, 1393/12/16

Expected recruitment end date

2015-07-23, 1394/05/01

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The impact of enabling plan empowerment of mothers have mentally retarded student pupil in order to improve the quality of life components in special schools

Public title

Enabling the family of the mentally retarded to improve the components of life.

Purpose

Other

Inclusion/Exclusion criteria

Having a trainable mentally retarded daughter

Age

From **24 years** old to **54 years** old

Gender

Female

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **75**

Randomization (investigator's opinion)

N/A

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Single

Other design features

Secondary Ids

1

Registry name

Secondary trial Id

Registration date

2017-11-21, 1396/08/30

Ethics committees

1

Ethics committee

Name of ethics committee

Yasuj University of Medical Sciences (YUMS)

Street address

Research Deputy of Research, building No.2, university of medical sciences, Motahari Blvd, Yasuj, Iran.

City

Yasuj

Postal code

Approval date

2015-01-23, 1393/11/03

Ethics committee reference number

93012003015

Health conditions studied

1

Description of health condition studied

The association between empowerment of mothers with educable mentally retarded girls and improvement of quality of life parameters

ICD-10 code

Z80-Z99

ICD-10 code description

Persons with potential health hazards related to family and personal history and certain conditions influencing health status

Primary outcomes

1

Description

Quality of life

Timepoint

Before intervention and four weeks after intervention.

Method of measurement

Family Quality of Life Scale

2

Description

Family Interaction:

Timepoint

Before intervention and four weeks after intervention

Method of measurement

Family Quality of Life Scale General Description

3

Description

Parenting

Timepoint

Before intervention and four weeks after intervention

Method of measurement

Family Quality of Life Scale General Description

4

Description

Emotional Well-being

Timepoint

Before intervention and four weeks after intervention

Method of measurement

Family Quality of Life Scale

5

Description

Physical / Material Well-being

Timepoint

Before intervention and four weeks after intervention

Method of measurement

Family Quality of Life Scale

6

Description

Disability-Related Support

Timepoint

Before intervention and four weeks after intervention

Method of measurement

Family Quality of Life Scale

7

Description

Self-belief

Timepoint

Before intervention and four weeks after intervention

Method of measurement

Family Quality of Life Scale

Secondary outcomes

1

Description

Estimate the self efficacy

Timepoint

Eight weeks after intervention

Method of measurement

self efficacy Scale

Intervention groups

1

Description

The enabling intervention is to be held using Empowerment intervention will be implemented by training methods such as lecturing using educational media, posters, booklets, videos, and pamphlets in four one and a half hours session, in four weeks. The questionnaire will be filled before and after the intervention. Moreover, they will be compared before and after the intervention with each other. Lifestyle intervention

Category

Lifestyle

Recruitment centers

1

Recruitment center

Name of recruitment center

LaLeh 1 special needs school

Full name of responsible person

Sakine Askari Shahed

Street address

City

Yasuj

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Yasuj University of Medical Sciences

Full name of responsible person

Moosavie Abdo Mohammed

Street address

Motahari Blvd.University of Medical Sciences yasuj

City

Yasouj

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Yasuj University of Medical Sciences

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

Yasuj University of Medical Sciences

Full name of responsible person

Sakineh Askari Shaid

Position

MA student

Other areas of specialty/work

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Person responsible for scientific inquiries

Contact

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PhD.health education

Other areas of specialty/work

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Person responsible for updating data

Contact

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty