Clinical Trial Protocol
Iranian Registry of Clinical Trials

22 Nov 2026

The impact of enabling plan empowerment of mothers have mentally retarded student pupil in order to improve the quality of life components in special schools

Protocol summary

Summary

The effect of Family Empowerment Project on educable mentally retarded girls' quality of life parameters in special schools. Determination of the effect of Family Empowerment Project on "family interaction" in families with educable mentally retarded girls in special schools. Determination of the effect of Family Empowerment Project on "parenting capability" in families with educable mentally retarded girls in special schools. Determining the effect of Family Empowerment Project on "emotional health" in families with educable mentally retarded girls in special schools. Determination of the effect of Family Empowerment Project on "physical health" in families with educable mentally retarded girls in special schools. Determination of the effect of Family Empowerment Project on "support for the disabled" in families with disabled children in special schools. Determination of the effect of Family Empowerment Project on "mothers' resilience" in families with disabled children in special schools. The sample population was comprised of 75 mothers with mentally retarded girls who were enrolled by census. In the present study, participants will be assigned to one group, research instruments will be filled out before and after intervention, and no matching will be done. Inclusion criterion into the study is having an educable mentally retarded girl. Mothers of children with other disabilities will not be enrolled into this study. Empowerment intervention will be implemented by training methods such as lecturing using educational media, posters, booklets, videos, and pamphlets. The primary outcome is too seek the improvement of quality of life parameters; secondary outcome will be measurement of mothers' resilience rate, religious attitude, and aggression rate.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2015080923566N1**
Registration date: **2015-11-08, 1394/08/17**
Registration timing: **retrospective**

Last update:
Update count: **0**

Registration date

2015-11-08, 1394/08/17

Registrant information

Name

Sakineh Askari Shahid

Name of organization / entity

Yasuj University of Medical Sciences

Country

Iran (Islamic Republic of)

Phone

+98 74 3323 2837

Email address

askari8808@yahoo.com

Recruitment status

Recruitment complete

Funding source

Yasuj University of Medical Sciences (YUMS)

Expected recruitment start date

2015-03-07, 1393/12/16

Expected recruitment end date

2015-07-23, 1394/05/01

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title
The impact of enabling plan empowerment of mothers have mentally retarded student pupil in order to improve the quality of life components in special schools

Public title
Enabling the family of the mentally retarded to improve the components of life.
Purpose
Other
Inclusion/Exclusion criteria
Having a trainable mentally retarded daughter
Age
From **24 years** old to **54 years** old
Gender
Female

Phase
N/A
Groups that have been masked
No information
Sample size
Target sample size: **75**
Randomization (investigator's opinion)
N/A
Randomization description
Blinding (investigator's opinion)
Not blinded
Blinding description
Placebo
Not used
Assignment
Single
Other design features

Secondary Ids

1

Registry name
.
Secondary trial Id
.
Registration date
2017-11-21, 1396/08/30

Ethics committees

1

Ethics committee
Name of ethics committee
Yasuj University of Medical Sciences (YUMS)
Street address
Research Deputy of Research, building No.2, university of medical sciences, Motahari Blvd, Yasuj, Iran.
City
Yasuj
Postal code
Approval date
2015-01-23, 1393/11/03
Ethics committee reference number
93012003015

Health conditions studied

1

Description of health condition studied
The association between empowerment of mothers with educable mentally retarded girls and improvement of quality of life parameters
ICD-10 code
Z80-Z99
ICD-10 code description
Persons with potential health hazards related to family and personal history and certain conditions influencing health status

Primary outcomes

1

Description
Quality of life
Timepoint
Before intervention and four weeks after intervention.
Method of measurement
Family Quality of Life Scale

2

Description
Family Interaction:
Timepoint
Before intervention and four weeks after intervention
Method of measurement
Family Quality of Life Scale General Description

3

Description
Parenting
Timepoint
Before intervention and four weeks after intervention
Method of measurement
Family Quality of Life Scale General Description

4

Description
Emotional Well-being
Timepoint
Before intervention and four weeks after intervention
Method of measurement
Family Quality of Life Scale

5

Description
Physical / Material Well-being
Timepoint

Before intervention and four weeks after intervention

Method of measurement

Family Quality of Life Scale

6

Description

Disability-Related Support

Timepoint

Before intervention and four weeks after intervention

Method of measurement

Family Quality of Life Scale

7

Description

Self-belief

Timepoint

Before intervention and four weeks after intervention

Method of measurement

Family Quality of Life Scale

Secondary outcomes

1

Description

Estimate the self efficacy

Timepoint

Eight weeks after intervention

Method of measurement

self efficacy Scale

Intervention groups

1

Description

The enabling intervention is to be held using Empowerment intervention will be implemented by training methods such as lecturing using educational media, posters, booklets, videos, and pamphlets in four one and a half hours session, in four weeks. The questionnaire will be filled before and after the intervention. Moreover,they will be compared before and after the intervention with each other. Lifestyle intervention

Category

Lifestyle

Recruitment centers

1

Recruitment center

Name of recruitment center

LaLeh 1 special needs school

Full name of responsible person

Sakine Askari Shahed

Street address

City

Yasuj

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Yasuj University of Medical Sciences

Full name of responsible person

Moosavie Abdo Mohammed

Street address

Motahari Blvd.University of Medical Sciences yasuj

City

Yasouj

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Yasuj University of Medical Sciences

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

Yasuj University of Medical Sciences

Full name of responsible person

Sakineh Askari Shaid

Position

MA student

Other areas of specialty/work

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Person responsible for scientific inquiries

Contact

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PhD.health education

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Person responsible for updating data

Contact

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Skineh Askari Shahid

Position

MA Student Health Promotion

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty