

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

10 Jun 2026

### Comparison between sinus augmentation with Platelet-Rich Fibrin versus Allogeneic Bone Grafts in stability of one stage implant placement

#### Protocol summary

##### Study aim

Comparison of platelet rich fibrin and allogeneic bone graft on implant stability

##### Design

The study will be designed as a double-blind split mouth randomized clinical trial . Samples will be selected from those referred to Qazvin Dental School. 10 patients who need bilateral maxillary sinus agitation will be included in the study after obtaining informed consent

##### Settings and conduct

Sinus lift in each patient will be performed on both sides laterally using TOLA SINUS KIT. To strengthen the membrane on one side of platelet rich fibrin and the opposite side of collagen membranes Placed. The implants will then be implanted with the same length and diameter on both sides.2 blind Examiners will be selected for stability measurement Stability will be measured by resonance frequency analysis ( RFA) method. RFA will be measured immediately after implant placement and 2, 4 and 6 months after implantation and will be compared on both sides.

##### Participants/Inclusion and exclusion criteria

Inclusion criteria: Patients who need bilateral sinus augmentation.They had to have adequate inter-occlusal and mesiodistal space and sufficient bone width and height . Exclusion criteria: if they were diabetic or had a disease that affects bone metabolism, had a history of previous bone graft or sinus lift, had used immunosuppressive drugs or corticosteroids, or had a history of radiotherapy or chemotherapy.

##### Intervention groups

Schneiderin membrane lift will be performed on 2 sides to strengthen the membrane on one side of the PRF and on the opposite side of the collagen membranes. The same (diameter 4.5 and length 12) will be installed on both sides. Then the holding abutment will be closed on both sides and followed by suturing.

##### Main outcome variables

1.Evaluate bone healing time 2.evaluate patient cost if

treatment is effective

#### General information

##### Reason for update

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT20191204045602N2**

Registration date: **2020-10-27, 1399/08/06**

Registration timing: **retrospective**

Last update: **2020-10-27, 1399/08/06**

Update count: **0**

##### Registration date

2020-10-27, 1399/08/06

##### Registrant information

##### Name

Aida Karagah

##### Name of organization / entity

##### Country

Iran (Islamic Republic of)

##### Phone

+98 28 3333 8774

##### Email address

t.karagah@qums.ac.ir

##### Recruitment status

**Recruitment complete**

##### Funding source

##### Expected recruitment start date

2019-06-08, 1398/03/18

##### Expected recruitment end date

2020-06-07, 1399/03/18

##### Actual recruitment start date

empty

##### Actual recruitment end date

empty

##### Trial completion date

empty

### Scientific title

Comparison between sinus augmentation with Platelet-Rich Fibrin versus Allogeneic Bone Grafts in stability of one stage implant placement

### Public title

Platelet-Rich Fibrin versus Allogeneic Bone Grafts in stability of one stage implant placement

### Purpose

Treatment

### Inclusion/Exclusion criteria

#### Inclusion criteria:

Patients who need bilateral sinus augmentation patients with adequate interocclusal and mesiodistal distance for implant placement adequate width for implant placement 5 mm residual bone in each side

#### Exclusion criteria:

diabetic patients patients with history of bone grafts immunosuppressive patients and corticosteroid users patients with history of chemotherapy or radiotherapy

### Age

From **30 years** old to **65 years** old

### Gender

Both

### Phase

N/A

### Groups that have been masked

- Investigator

### Sample size

Target sample size: **10**

### Randomization (investigator's opinion)

Randomized

### Randomization description

Simple individual randomization with sealed envelope and random allocation

### Blinding (investigator's opinion)

Double blinded

### Blinding description

The double-blind study is designed so that the examiners and statisticians are blind to the two study groups.

### Placebo

Not used

### Assignment

Parallel

### Other design features

## Secondary Ids

empty

## Ethics committees

### 1

#### Ethics committee

##### Name of ethics committee

Ethics Committee of Qazvin University of Medical Sciences

##### Street address

qazvin,blvd bahonar

#### City

qazvin

#### Province

Qazvin

#### Postal code

3419915315

#### Approval date

2019-04-23, 1398/02/03

#### Ethics committee reference number

ir.qums.rec.1397.352

## Health conditions studied

### 1

#### Description of health condition studied

Implant stability measurement

#### ICD-10 code

#### ICD-10 code description

## Primary outcomes

### 1

#### Description

stability

#### Timepoint

Immediately after surgery and 2, 4 and 6 months later

#### Method of measurement

Stability: With ostell device, the degree of stability (ISQ) is measured based on resonance frequency analysis.

## Secondary outcomes

empty

## Intervention groups

### 1

#### Description

Intervention group: Patients receive 2 grams of amoxicillin prophylactically one hour before surgery. After injection of Local anesthesia, a crystal incision is placed with an anterior releasing incision on both sides of the maxilla. The complete mucoperiosteal flap is removed. Lateral should be created with complete safety and as much as possible without perforation of Schneiderin membranes. Then Schneiderin membrane lift will be performed on 2 sides. On the PRF side is the PRF plug. Then the implants with the same length and diameter (diameter 4.5 and length 12) from BIOTECH brand (kontakt biotech dental implant, France with standard protocol according to the manufacturer's guideline with a speed of 800 rpm and a crack of 20 N will be installed on both sides. After surgery, the patient will be advised to use a cold compress at the surgical site and the antibiotic Ko Amoxiclav 375 mg in 20 pieces and gelofen analgesic and chlorhexidine mouthwash 0.12 % Will be prescribed for one week.

#### Category

Treatment - Surgery

## 2

### Description

Control group: All patients receive 2 grams of amoxicillin prophylactically one hour before surgery. After injection of Local anesthesia, a crystal incision is made with an anterior releasing incision on both sides of the maxilla. The complete mucoperiosteal flap is removed. The sinus lift in each patient is performed laterally on both sides using the TOLA SINUS KIT until the window. Lateral with complete safety and as much as possible without perforation of Schneiderian membranes, then Schneiderian membrane lift will be performed on 2 sides to strengthen the membrane on the opposite side of CENO BONE collagen membranes with a thickness of 0.2-0.6 mm with dimensions of 20 × 20 mm. FDBA bone powder is placed with a particle size of 500-1000 μm, then the implants with the same length and diameter (diameter 4.5 and length 12) will be installed according to the standard protocol according to the manufacturer's guideline with a speed of 800 rpm and a crack of 20 N on both sides. The abutment will be closed on both sides, followed by a suture. After surgery, the patient will be advised to use a cold compress at the surgical site and will be prescribed the antibiotic Co Amoxiclav 375 mg in 20 pieces and gelofen analgesic and 0.12% chlorhexidine mouthwash for one week.

### Category

Treatment - Surgery

## Recruitment centers

### 1

#### Recruitment center

**Name of recruitment center**  
qazvin university of medical science  
**Full name of responsible person**  
aida karagah  
**Street address**  
qazvin blvd bahonar  
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+98 28 3323 9252  
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Aida\_karagah@yahoo.com

## Sponsors / Funding sources

### 1

#### Sponsor

**Name of organization / entity**  
Qazvin University of Medical Sciences  
**Full name of responsible person**

amir peimani

#### Street address

Qazvin, Bahonar Boulevard

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#### Phone

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#### Email

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#### Grant name

#### Grant code / Reference number

#### Is the source of funding the same sponsor organization/entity?

No

#### Title of funding source

qazvin university if medical science

#### Proportion provided by this source

100

#### Public or private sector

Public

#### Domestic or foreign origin

Domestic

#### Category of foreign source of funding

empty

#### Country of origin

#### Type of organization providing the funding

Academic

## Person responsible for general inquiries

#### Contact

#### Name of organization / entity

Qazvin University of Medical Sciences

#### Full name of responsible person

aida karagah

#### Position

Assistant Professor

#### Latest degree

Specialist

#### Other areas of specialty/work

Dentistry

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## Person responsible for scientific inquiries

#### Contact

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## Person responsible for updating data

### Contact

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**Full name of responsible person**  
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Aida\_karagah@yahoo.com

## Sharing plan

### Deidentified Individual Participant Data Set (IPD)

Yes - There is a plan to make this available

### Study Protocol

Yes - There is a plan to make this available

### Statistical Analysis Plan

Yes - There is a plan to make this available

### Informed Consent Form

Yes - There is a plan to make this available

### Clinical Study Report

Yes - There is a plan to make this available

### Analytic Code

Yes - There is a plan to make this available

### Data Dictionary

Yes - There is a plan to make this available

### Title and more details about the data/document

Ability to share the main outcome

### When the data will become available and for how long

Since 2022

### To whom data/document is available

All people related to university centers

### Under which criteria data/document could be used

All people related to university centers

### From where data/document is obtainable

qazvin dental school maxillofacial department

### What processes are involved for a request to access data/document

Must email the researcher to send the data as a file  
aida\_karagah@yahoo.com

### Comments