

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

09 Jun 2026

### Evaluation of Safety and efficacy of anakinra utilization in COVID-19, a randomized controlled clinical trial

#### Protocol summary

##### Study aim

Evaluation the safety and efficacy of Anakinra (Persisgen, Iran) in treatment of COVID-19

##### Design

Phases 3 randomized, parallel design clinical trial on 30 COVID-19 patients

##### Settings and conduct

this clinical trial will be conducted in immam hossein medical center affiliated to shahid beheshti university of medical sciences on COVID-19 patients. in this study patients will receive anakinra (perkinra, persisgen, Iran) by the dose of 100 mg once daily by intravenous injection as and adjunctive treatment to antiviral medication based on latest national protocol for treatment of COVID-19

##### Participants/Inclusion and exclusion criteria

All patients with confirmed SARS-CoV-2 infection who have the ability to understand and desire to sign a form of informed consent to participate in the study with the age of 18 years or more with the PaO<sub>2</sub>/FiO<sub>2</sub> of 300 or less. all patients who have active infections or immunodeficiency and received attenuated vaccine will exclude from the study.

##### Intervention groups

Intervention group: receiving 100mg Perkinra (anakinra, persisgen, iran) once daily as an adjunctive treatment to standard antiviral regimen Control: Treatment based on last national protocol for treatment of COVID-19

##### Main outcome variables

1. no need to be hospitalized 2. hospitalization without receiving oxygen therapy 3. hospitalization with receiving oxygen therapy 4. hospitalization with receiving non-invasive ventilation or high flow rate oxygen delivery system 5. hospitalization with receiving invasive ventiation or extra-corporeal membrane oxygenation 6. death

#### General information

##### Reason for update

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT20120703010178N20**

Registration date: **2020-06-13, 1399/03/24**

Registration timing: **prospective**

Last update: **2020-06-13, 1399/03/24**

Update count: **0**

##### Registration date

2020-06-13, 1399/03/24

##### Registrant information

##### Name

Mohammad Sistanizad

##### Name of organization / entity

##### Country

Iran (Islamic Republic of)

##### Phone

+98 21 8820 0087

##### Email address

sistanizadm@sbmu.ac.ir

##### Recruitment status

**Recruitment complete**

##### Funding source

##### Expected recruitment start date

2020-06-21, 1399/04/01

##### Expected recruitment end date

2020-09-21, 1399/06/31

##### Actual recruitment start date

empty

##### Actual recruitment end date

empty

##### Trial completion date

empty

##### Scientific title

Evaluation of Safety and efficacy of anakinra utilization in COVID-19, a randomized controlled clinical trial

**Public title**

effect of anakinra in treatment of COVID-19

**Purpose**

Treatment

**Inclusion/Exclusion criteria****Inclusion criteria:**

Age of 18 years or more Elevated C-reactive protein levels Fever or cough or dyspnea SpO<sub>2</sub> of 93% or less Confirmed SARS-CoV-2 infection by rt-PCR or radiology PaO<sub>2</sub>/FiO<sub>2</sub> of 300 or less Ability to understand and desire to sign a form of informed consent to participate in the study

**Exclusion criteria:**

Positive PPD test Active Hepatitis B or C infection, Positive HBV antigen or HCV antigen or HIV infection Thrombocytopenia ( platelet count of 150000 per micL) Leukopenia ( white blood cells of  $3.6 \times 10^9$ ) Anemia (hemoglobin of 7.5 g/dL) Elevated liver transaminases of 2 fold or more Active infection based on cultures (not received intravenous antibiotics in previous 8 weeks or oral antibiotics in previous 2 weeks) history of malignancy in previous 5 years based on pathology and radiological data history of anakinra, canakinumab or any interleukin-1 inhibitors administration History of receiving of attenuated vaccine in last 2 weeks or during the study hypersensitivity to any component of the medication

**Age**

From **18 years** old

**Gender**

Both

**Phase**

3

**Groups that have been masked**

*No information*

**Sample size**

Target sample size: **30**

**Randomization (investigator's opinion)**

Randomized

**Randomization description**

The random allocation sequence will computer generate and consist of series of group number (either 1 = A or 2 = B) for each consecutive patient. Block randomization method will use and each block will be consist of 10 patients. Each block includes 5 patients who will receive Anakinra and 5 patients from control group

**Blinding (investigator's opinion)**

Not blinded

**Blinding description****Placebo**

Not used

**Assignment**

Parallel

**Other design features****Secondary Ids**

empty

**Ethics committees****1****Ethics committee****Name of ethics committee**

Ethics committee of Shahid Beheshti University of Medical Sciences

**Street address**

Bldg No.2 SBUMS, Arabi Ave, Daneshjoo Blvd, Velenjak, Tehran, Iran.

**City**

Tehran

**Province**

Tehran

**Postal code**

19839-63113

**Approval date**

2020-05-31, 1399/03/11

**Ethics committee reference number**

IR.SBMU.PHARMACY.REC.1399.051

**Health conditions studied****1****Description of health condition studied**

COVID-19

**ICD-10 code**

U07.1

**ICD-10 code description**

COVID-19, virus identified

**Primary outcomes****1****Description**

No need for hospitalization

**Timepoint**

During first 14 days or hospitalization period

**Method of measurement**

Based on clinical status

**2****Description**

Hospitalization without need for oxygenation therapy

**Timepoint**

During first 14 days or hospitalization period

**Method of measurement**

Based on clinical status

**3****Description**

Hospitalization with oxygen therapy

**Timepoint**

During first 14 days or hospitalization period

**Method of measurement**

Based on clinical status

#### 4

**Description**

Hospitalization with receiving non-invasive ventilation or high flow oxygen cannula

**Timepoint**

During first 14 days or hospitalization period

**Method of measurement**

Based on clinical status

#### 5

**Description**

Hospitalization with receiving mechanical ventilation or extra-corporeal membrane oxygenation

**Timepoint**

During first 14 days or hospitalization period

**Method of measurement**

Based on clinical status

#### 6

**Description**

Death

**Timepoint**

During first 14 days or hospitalization period

**Method of measurement**

Based on clinical status

### Secondary outcomes

#### 1

**Description**

time for improvement in oxygenation

**Timepoint**

During 14 days of treatment or discharge time

**Method of measurement**

pulse oxymeter

#### 2

**Description**

Mean oxygen delivery

**Timepoint**

During 14 days of treatment or discharge time

**Method of measurement**

PaO<sub>2</sub>/FiO<sub>2</sub> ratio

#### 3

**Description**

number of days with hypoxemia

**Timepoint**

During 14 days of treatment or discharge time

**Method of measurement**

pulse oxymetry

#### 4

**Description**

Time of fever resolution for 48hr or more

**Timepoint**

During 14 days of treatment or discharge time

**Method of measurement**

Thermometer

#### 5

**Description**

Intensive care unit admission time

**Timepoint**

Hospitalization duration

**Method of measurement**

Clinical status

#### 6

**Description**

Rate of secondary fungal or bacterial infections

**Timepoint**

hospitalization duration

**Method of measurement**

Laboratory data and clinical status

#### 7

**Description**

Radiologic severity index

**Timepoint**

Day 1, 7, 14 or discharge

**Method of measurement**

Computed tomography

#### 8

**Description**

C-reactive protein

**Timepoint**

2 times weekly

**Method of measurement**

Serum level

#### 9

**Description**

Interleukin-1 beta serum level

**Timepoint**

Day 1, 2, 14

**Method of measurement**

Elisa test

### Intervention groups

#### 1

**Description**

Intervention group: After eligibility assessment of the patient and enrollment patients will be randomly assign to receive anakinra 100mg intravenous daily for 14 days as an adjunctive treatment to the latest recommended pharmacotherapy of national guideline for treatment of COVID-19. the medication will be administered intravenously by a trained staff.

**Category**

Treatment - Drugs

**2**

**Description**

Control group: After eligibility assessment of the patient and enrollment patients will be randomly assign to the control group. patients in control group will receive medical treatment of COVID-19 based on latest national protocol only.

**Category**

Treatment - Drugs

**Recruitment centers**

**1**

**Recruitment center**

**Name of recruitment center**

Immam Hossein Hospital

**Full name of responsible person**

Amir Behnam Kharazmi

**Street address**

Madani Ave, Tehran, Iran

**City**

Tehran

**Province**

Tehran

**Postal code**

1617763141

**Phone**

+98 21 7755 7069

**Email**

Drkharazmi@gmail.com

**Sponsors / Funding sources**

**1**

**Sponsor**

**Name of organization / entity**

Persisgen Par Pharmaceutical Company

**Full name of responsible person**

Amir Hossein Karagah

**Street address**

No. 125, 22nd km of Tehran-Karaj Makhsous Road, Tehran, Iran.

**City**

Tehran

**Province**

Tehran

**Postal code**

1399114913

**Phone**

+98 21 4607 4876

**Email**

Info@persisgen.com

**Web page address**

Https://persisgen.com/

**Grant name**

**Grant code / Reference number**

-

**Is the source of funding the same sponsor organization/entity?**

Yes

**Title of funding source**

Persisgen Par Pharmaceutical Company

**Proportion provided by this source**

100

**Public or private sector**

Private

**Domestic or foreign origin**

Domestic

**Category of foreign source of funding**

empty

**Country of origin**

**Type of organization providing the funding**

Industry

**Person responsible for general inquiries**

**Contact**

**Name of organization / entity**

Shahid Beheshti University of Medical Sciences

**Full name of responsible person**

Mohammad Sistanizad

**Position**

Associated Professor

**Latest degree**

Specialist

**Other areas of specialty/work**

Clinical Pharmacy

**Street address**

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**Phone**

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**Person responsible for scientific inquiries**

**Contact**

**Name of organization / entity**

Shahid Beheshti University of Medical Sciences

**Full name of responsible person**

Mohammad Sistanizad

**Position**

Associated Professor

**Latest degree**

Specialist

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## Person responsible for updating data

### Contact

**Name of organization / entity**

Shahid Beheshti University of Medical Sciences

**Full name of responsible person**

Omid Moradi

**Position**

Resident

**Latest degree**

Medical doctor

**Other areas of specialty/work**

clinical pharmacy

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1617763141

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**Email**

O\_moradi@outlook.com

## Sharing plan

### Deidentified Individual Participant Data Set (IPD)

Yes - There is a plan to make this available

### Study Protocol

Yes - There is a plan to make this available

### Statistical Analysis Plan

No - There is not a plan to make this available

### Informed Consent Form

Yes - There is a plan to make this available

### Clinical Study Report

Yes - There is a plan to make this available

### Analytic Code

Yes - There is a plan to make this available

### Data Dictionary

Not applicable

### Title and more details about the data/document

Primary and secondary outcome data after making unrecognizable will be released

### When the data will become available and for how long

6 months after publishing the results of primary outcome

### To whom data/document is available

Any researchers will have access to the data after allowance of corresponding author

### Under which criteria data/document could be used

Performing any analysis to any data resulted from this study will be allowed only with the permission of corresponding author

### From where data/document is obtainable

Correspondance

### What processes are involved for a request to access data/document

After requesting for data, correspondence will check the authorization and then they will be informed about it

### Comments