

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

10 Jun 2026

### Evaluation of the effect of using Adaptive support ventilation (ASV) in comparison with Synchronized intermittent mandatory ventilation (SIMV) method on lung mechanics in Respiratory Failure Patients Hospitalized in Intensive Care Unit

#### Protocol summary

##### Study aim

Evaluation of the effect of using Adaptive support ventilation (ASV) in comparison with Synchronized Intermittent Mandatory Ventilation (SIMV) method on lung mechanics (compliance, resistance) in Respiratory Failure patients admitted to intensive care unit

##### Design

A randomised clinical trial with a control group, with parallel, unblinded, randomized groups on 64 patients. A computer-generated random number table is used for randomization

##### Settings and conduct

In both groups, if the following conditions are present, patient is extubated: Rapid Shallow Breathing Index < 105, pulmonary compliance above 40 mL/cmH<sub>2</sub>O, resistance less than 10 cmH<sub>2</sub>O/L/s, SBP more than 90mmHg

##### Participants/Inclusion and exclusion criteria

Inclusion criteria: Patients with acute type I respiratory failure with endotracheal intubation and mechanical ventilation for less than 48 hours are admitted based on P / F Ratio = 150-250 ! Exclusion criteria: Patients with neuromuscular or diaphragmatic disorder, chest deformity, suspected intracranial hypertension, chronic obstructive pulmonary disease or severe asthma, chronic heart failure, chronic renal failure, refractory shock, diagnosed barotrauma, lungs contusion, under 16 years of age and over 85 years, pregnancy, abdominal compartment syndrome

##### Intervention groups

In the ASV or intervention group, Minute Volume: 100% and pressure set on 30 CmH<sub>2</sub>O to reach O<sub>2</sub> Saturation: 88-92% and PEEP = 5 and flow trigger 1-3 l / min. In SIMV group, when the patient reaches PEEP < 8 cmH<sub>2</sub>O and FiO<sub>2</sub> < 0.4 and 8 PS < cmH<sub>2</sub>O, they go to spontaneous ventilation mode with the same ventilator towards FiO<sub>2</sub>:

40%, PEEP = 3cmH<sub>2</sub>O, PS = 3 cmH<sub>2</sub>O and trigger: 2. In both age and sex groups, IBW and APACHEII Score at the time of hospitalization and lung mechanics and ventilator and oxygenation settings (P / F Ratio) and ABG indices are recorded on days 1, 2, 3 and 7

##### Main outcome variables

Lung mechanics: compliance, resistance

#### General information

##### Reason for update

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT20161106030735N2**

Registration date: **2020-12-02, 1399/09/12**

Registration timing: **registered\_while\_recruiting**

Last update: **2020-12-02, 1399/09/12**

Update count: **0**

##### Registration date

2020-12-02, 1399/09/12

##### Registrant information

##### Name

Elham Naseh

##### Name of organization / entity

Tehran University of Medical Science

##### Country

Iran (Islamic Republic of)

##### Phone

+98 21 84901

##### Email address

enaseh@razi.tums.ac.ir

##### Recruitment status

**Recruitment complete**

##### Funding source

**Expected recruitment start date**

2020-11-20, 1399/08/30

**Expected recruitment end date**

2020-12-20, 1399/09/30

**Actual recruitment start date**

empty

**Actual recruitment end date**

empty

**Trial completion date**

empty

**Scientific title**

Evaluation of the effect of using Adaptive support ventilation (ASV) in comparison with Synchronized intermittent mandatory ventilation (SIMV) method on lung mechanics in Respiratory Failure Patients Hospitalized in Intensive Care Unit

**Public title**

The effect of ASV ventilation mode on respiratory failure

**Purpose**

Treatment

**Inclusion/Exclusion criteria****Inclusion criteria:**

Intubated patients with acute respiratory failure type I (hypoxemic) Endotracheal intubation and mechanical ventilation less than 48 hours Respiratory failure based on PaO<sub>2</sub>/FIO<sub>2</sub>=150-250 (P / F Ratio = 150-250)

**Exclusion criteria:**

Patients with acute respiratory failure and PaO<sub>2</sub>/FIO<sub>2</sub> (P / F Ratio) less than 150 Neuromuscular and diaphragmatic disorders Chest deformity Suspected Intracranial Hypertension Chronic obstructive pulmonary disease and severe asthma Chronic heart failure Chronic renal failure Refractory shock Diagnosed Barotrauma and Lung Contusion Age under 16 and over 85 years Pregnancy Abdominal compartment syndrome

**Age**From **16 years** old to **85 years** old**Gender**

Both

**Phase**

N/A

**Groups that have been masked***No information***Sample size**Target sample size: **64****Randomization (investigator's opinion)**

Randomized

**Randomization description**

The two groups are divided based on a list of random numbers generated by computer software. Based on the number list with numbers 1 for ASV and 2 for SIMV, patients are randomly divided and entered the study, respectively.

**Blinding (investigator's opinion)**

Not blinded

**Blinding description****Placebo**

Not used

**Assignment**

Parallel

**Other design features****Secondary Ids**

empty

**Ethics committees****1****Ethics committee****Name of ethics committee**

Ethic committee, faculty of medicine of Tehran University of medical science

**Street address**

Tehran university of medical science, faculty of medicine, Poorsina street, Keshavarz avenue

**City**

Tehran

**Province**

Tehran

**Postal code**

1411713135

**Approval date**

2019-12-10, 1398/09/19

**Ethics committee reference number**

IR.TUMS.MEDICINE.REC.1398.633

**Health conditions studied****1****Description of health condition studied**

Acute hypoxemic respiratory failure

**ICD-10 code**

J96.01

**ICD-10 code description**

Acute respiratory failure with hypoxia

**Primary outcomes****1****Description**

Lung compliance

**Timepoint**

Measurement of lung compliance on days 1, 2, 3 and 7 after ASV or SIMV setting

**Method of measurement**

compliance measurement is based on ventilator information

**2****Description**

Lung resistance

**Timepoint**

Measurement of lung resistance on days 1, 2, 3 and 7 after ASV or SIMV setting

**Method of measurement**

resistance measurement is based on ventilator information

## Secondary outcomes

### 1

#### Description

Acute Physiologic Assessment and Chronic Health Evaluation (APACHE) II Scoring System

#### Timepoint

At the time of admission

#### Method of measurement

According to the case report

### 2

#### Description

Oxygenation based on the ratio of arterial oxygen pressure to the  $F_{iO_2}$

#### Timepoint

Days 1, 2, 3 and 7 after the start of ventilation mode

#### Method of measurement

Based on sample information of ABG blood gas analysis

### 3

#### Description

Arterial blood carbon dioxide pressure  $P_{aCO_2}$

#### Timepoint

Days 1, 2, 3 and 7 after the start of ventilation mode

#### Method of measurement

Based on sample information of ABG blood gas analysis

### 4

#### Description

Fentanyl intake

#### Timepoint

Days 1, 2, 3 and 7 after the start of ventilation mode

#### Method of measurement

Based on patient record (micrograms)

### 5

#### Description

number of ventilator free days at day 28

#### Timepoint

Twenty-eighth day after intervention

#### Method of measurement

Based on patient record

### 6

#### Description

Intensive care unit length of stay

#### Timepoint

At the time of discharge from the intensive care unit

#### Method of measurement

Based on patient record

### 7

#### Description

Richmond Agitation and Sedation Scale (RASS score)

#### Timepoint

Days 1, 2, 3 and 7 after the start of ventilation mode

#### Method of measurement

Based on patient record

## Intervention groups

### 1

#### Description

In the ASV or intervention group, Minute Volume: 100% and pressure set on 30  $cmH_2O$  to reach  $O_2$  Saturation: 88-92% and PEEP = 5 and flow trigger 1-3 l / min. As the patient's condition improves, the minute volume is reduced to 70% and then to 50% and then 30% to reach a minimum pressure of 5  $cmH_2O$

#### Category

Treatment - Devices

### 2

#### Description

Control group: In SIMV group, when the patient reaches PEEP < 8  $cmH_2O$  and  $F_{iO_2}$  < 0.4 and 8 PS <  $cmH_2O$ , they go to spontaneous ventilation mode with the same ventilator towards  $F_{iO_2}$ : 40%, PEEP = 3  $cmH_2O$ , PS = 3  $cmH_2O$  and trigger: 2

#### Category

Treatment - Devices

## Recruitment centers

### 1

#### Recruitment center

##### Name of recruitment center

Sina hospital

##### Full name of responsible person

Elham Naseh

##### Street address

Imam Khomeini Ave.

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##### Province

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##### Postal code

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##### Phone

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##### Email

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##### Web page address

## Sponsors / Funding sources

### 1

#### Sponsor

##### Name of organization / entity

Tehran University of Medical Sciences

##### Full name of responsible person

Dr. Shahin Akhoondzadeh

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Faculty of Medicine, Tehran University of Medical sciences, Poorsina street, Keshavarz avenue

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enaseh@razi.tums.ac.ir

**Web page address**

**Grant name**

**Grant code / Reference number**

**Is the source of funding the same sponsor organization/entity?**

Yes

**Title of funding source**

Tehran University of Medical Sciences

**Proportion provided by this source**

100

**Public or private sector**

Public

**Domestic or foreign origin**

Domestic

**Category of foreign source of funding**

*empty*

**Country of origin**

**Type of organization providing the funding**

Academic

**Person responsible for general inquiries**

**Contact**

**Name of organization / entity**

Tehran University of Medical Sciences

**Full name of responsible person**

Elham Naseh

**Position**

ICU fellowship

**Latest degree**

Specialist

**Other areas of specialty/work**

Anesthesiology

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**Person responsible for scientific inquiries**

**Contact**

**Name of organization / entity**

Tehran University of Medical Sciences

**Full name of responsible person**

Atabak Najafi

**Position**

Professor

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Specialist

**Other areas of specialty/work**

Anesthesiology

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**Person responsible for updating data**

**Contact**

**Name of organization / entity**

Tehran University of Medical Sciences

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Elham Naseh

**Position**

ICU Fellowship

**Latest degree**

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## Sharing plan

### Deidentified Individual Participant Data Set (IPD)

Yes - There is a plan to make this available

### Study Protocol

Yes - There is a plan to make this available

### Statistical Analysis Plan

Undecided - It is not yet known if there will be a plan to make this available

### Informed Consent Form

Yes - There is a plan to make this available

### Clinical Study Report

Yes - There is a plan to make this available

### Analytic Code

Not applicable

### Data Dictionary

Not applicable

### Title and more details about the data/document

Individual data is recorded and archived in the datasheet. All data can be shared after unidentifiable

study subjects.

### When the data will become available and for how long

Access period starts 6 months after the results are published

### To whom data/document is available

Only for researchers working in academic and scientific institutions

### Under which criteria data/document could be used

No other analysis is allowed.

### From where data/document is obtainable

To receive the data, they can send a request to the following email address. enaseh@razi.tums.ac.ir

### What processes are involved for a request to access data/document

To receive the data, they can send a request to the following email address. enaseh@razi.tums.ac.ir.

Information will be made available to eligible individuals within 24 hours.

### Comments