

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

10 Jun 2026

### Investigating the effect of using dexmedetomidine in fascia iliaca block on postoperative analgesia in patients undergoing femoral fractures surgery

#### Protocol summary

##### Study aim

Investigating the effect of using dexmedetomidine in fascia iliaca block on postoperative analgesia in patients undergoing femoral fractures surgery

##### Design

Clinical trial with double-blinded parallel groups randomized using Random Allocation Software (RAS) (in 20 blocks of 4)

##### Settings and conduct

In this double-blind study, patients between the ages of 25 and 75 years who are candidates for femoral fracture surgery under spinal anesthesia in Urmia Imam Khomeini Hospital will be included. The patients and the researcher will be blinded about the intervention or control groups.

##### Participants/Inclusion and exclusion criteria

In current study, 75 patients with femoral fracture surgery under spinal anesthesia, American Society of Anesthesiologists (ASA) I and II and age between 25 to 75 years will include. The exclusion criteria including any contraindication for spinal anesthesia, obesity (body mass index more than 35 kg/m<sup>2</sup>), Local infection at the injection site in the groin, previous surgery at the injection site, Injecting drug addicts, receiving any type of analgesic two hours before surgery, mental and psychological disorders, multi-trauma fractures, a history of severe heart disease, a history of kidney and respiratory diseases, Liver disease, pregnancy and hematologic disorders.

##### Intervention groups

Fascia iliac block will be performed in the intervention group using 20 cc of bupivacaine 0.25 with 0.5 cc of dexmedetomidine 50µg and in the control group using only 20 cc of bupivacaine 0.25.

##### Main outcome variables

Duration of analgesia

#### General information

##### Reason for update

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT20170515033986N4**

Registration date: **2022-03-24, 1401/01/04**

Registration timing: **prospective**

Last update: **2022-03-24, 1401/01/04**

Update count: **0**

##### Registration date

2022-03-24, 1401/01/04

##### Registrant information

##### Name

Nazli Karami

##### Name of organization / entity

Urmia University of Medical Sciences

##### Country

Iran (Islamic Republic of)

##### Phone

+98 44 3346 9932

##### Email address

karami.n@umsu.ac.ir

##### Recruitment status

**Recruitment complete**

##### Funding source

##### Expected recruitment start date

2022-04-05, 1401/01/16

##### Expected recruitment end date

2022-07-22, 1401/04/31

##### Actual recruitment start date

empty

##### Actual recruitment end date

empty

##### Trial completion date

empty

### Scientific title

Investigating the effect of using dexmedetomidine in fascia iliaca block on postoperative analgesia in patients undergoing femoral fractures surgery

### Public title

The effect of dexmedetomidine on postoperative analgesia in patients undergoing femoral fracture surgery

### Purpose

Treatment

### Inclusion/Exclusion criteria

#### Inclusion criteria:

Patients with femoral fracture surgery under spinal anesthesia Patients with ASA I and ASA II Age between 25 to 75 years

#### Exclusion criteria:

Any contraindication for spinal anesthesia Obesity (body mass index more than 35 kg/m<sup>2</sup>) Local infection at the injection site in the groin Previous surgery at the injection site Injecting drug addicts Receiving any type of analgesic two hours before surgery Mental and psychological disorders Multi-trauma fractures A History of severe heart disease A history of kidney and respiratory diseases Liver disease Pregnancy Hematologic disorders

### Age

From **25 years** old to **75 years** old

### Gender

Both

### Phase

3

### Groups that have been masked

- Participant
- Investigator
- Outcome assessor

### Sample size

Target sample size: **80**

### Randomization (investigator's opinion)

Randomized

### Randomization description

Patients will be divided into intervention and control groups using permuted block randomization based on generated numbers by random allocation software (20 blocks of 4 letters).

### Blinding (investigator's opinion)

Double blinded

### Blinding description

Current study is a double blind study. The patient and the person who will be assessed the outcomes (anesthesia assistant) will be blind about the intervention or control groups. therefore, the drugs will be drawn and coded inside the syringes by an anesthesiologist, and the block will be performed by an anesthesia assistant that who is unaware of the contents of the syringes.

### Placebo

Not used

### Assignment

Parallel

### Other design features

## Secondary Ids

empty

## Ethics committees

### 1

#### Ethics committee

##### Name of ethics committee

Ethics Committee of Urmia University of Medical Sciences

##### Street address

Urmia University of Medical Sciences, Resalat street, Jahad Blvd., Urmia, Iran.

##### City

Urmia

##### Province

West Azarbaijan

##### Postal code

5714783734

#### Approval date

2021-10-30, 1400/08/08

#### Ethics committee reference number

IR.UMSU.REC.1400.268

## Health conditions studied

### 1

#### Description of health condition studied

Analgesia in femoral fractures

#### ICD-10 code

G89.1

#### ICD-10 code description

Acute pain, not elsewhere classified

## Primary outcomes

### 1

#### Description

Duration of analgesia

#### Timepoint

The duration of analgesia until the onset of pain felt by the patient in 24 hours after surgery

#### Method of measurement

timing

### 2

#### Description

Prescribing an analgesic

#### Timepoint

Prescribing an analgesia in recovery, 2, 6, 12 and 24 hours after surgery

#### Method of measurement

Patient request

## Secondary outcomes

### 1

#### Description

Time to Prescription an analgesic

#### Timepoint

24 hours after surgery

#### Method of measurement

Timing

### 2

#### Description

Pain severity

#### Timepoint

In recovery, 2, 6, 12 and 24 hours after surgery

#### Method of measurement

Visual Analog Scale (VAS)

### 3

#### Description

Complications of Iliaca fascia block

#### Timepoint

In recovery, 2, 6, 12 and 24 hours after surgery

#### Method of measurement

Clinical examination

## Intervention groups

### 1

#### Description

Intervention group: Iliaca fascia block will be performed using 20 cc of bupivacaine 0.25% with 0.5 cc of dexmedetomidine 50µg.

#### Category

Treatment - Drugs

### 2

#### Description

Control group: Iliaca fascia block will be performed using only 20 cc of bupivacaine 0.25%.

#### Category

Treatment - Drugs

## Recruitment centers

### 1

#### Recruitment center

##### Name of recruitment center

Urmia Imam Khomeini hospital

##### Full name of responsible person

Dr. Nazli Karami

##### Street address

Imam Khomeini hospital, Ershad street, Modarres Blvd., Urmia, Iran.

##### City

Urmia

#### Province

West Azarbaijan

#### Postal code

57157-81351

#### Phone

+98 44 3198 8293

#### Email

karami.n@umsu.ac.ir

## Sponsors / Funding sources

### 1

#### Sponsor

##### Name of organization / entity

Oroumia University of Medical Sciences

##### Full name of responsible person

Dr. Iraj Mohebbi

##### Street address

Urmia University of Medical Sciences, Resalat street, Jihad Blvd., Urmia, Iran.

##### City

Urmia

##### Province

West Azarbaijan

##### Postal code

5714783734

##### Phone

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##### Email

mohebbi.i@umsu.ac.ir

#### Grant name

#### Grant code / Reference number

#### Is the source of funding the same sponsor organization/entity?

Yes

#### Title of funding source

Oroumia University of Medical Sciences

#### Proportion provided by this source

100

#### Public or private sector

Public

#### Domestic or foreign origin

Domestic

#### Category of foreign source of funding

empty

#### Country of origin

#### Type of organization providing the funding

Academic

## Person responsible for general inquiries

#### Contact

##### Name of organization / entity

Oroumia University of Medical Sciences

##### Full name of responsible person

Dr. Nazli Karami

##### Position

Associate professor

##### Latest degree

Subspecialist

##### Other areas of specialty/work

Anesthesiology

**Street address**

Imam Khomeini hospital, Ershad street, Modarres  
blvd., Urmia, Iran.

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**Person responsible for scientific inquiries**

**Contact**

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Oroumia University of Medical Sciences

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**Person responsible for updating data**

**Contact**

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**Sharing plan**

**Deidentified Individual Participant Data Set (IPD)**

Yes - There is a plan to make this available

**Study Protocol**

Undecided - It is not yet known if there will be a plan to  
make this available

**Statistical Analysis Plan**

Yes - There is a plan to make this available

**Informed Consent Form**

Yes - There is a plan to make this available

**Clinical Study Report**

Yes - There is a plan to make this available

**Analytic Code**

Yes - There is a plan to make this available

**Data Dictionary**

No - There is not a plan to make this available

**Title and more details about the data/document**

The results of the study will be available as an article.  
Other files, including data and the consent form, can also  
be accessed through email address of corresponding  
author.

**When the data will become available and for how long**

after published article

**To whom data/document is available**

researchers

**Under which criteria data/document could be used**

The data can be provided for use in meta-analysis,  
network meta-analysis or any secondary analysis with  
research purposes.

**From where data/document is obtainable**

corresponding author (Nazli Karami). Data will be  
available by sending an email to karami.n@umsu.ac.ir

**What processes are involved for a request to access data/document**

By email address to karami.n@umsu.ac.ir

**Comments**