

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

09 Jun 2026

### comparative effects of single verse multiple sessions of eldoa in patients of cervical radiculopathy

#### Protocol summary

##### Study aim

pain in cervical radiculopathy

##### Design

randomization will be through lottery method ,single blinded study will be conducted in which only patient would be blinded

##### Settings and conduct

Tehsil headquater hospital, haroonabad

##### Participants/Inclusion and exclusion criteria

inclusion: cervical radiculopathy impact scale 10 to 60 included, pain 4 to 8 numeric pain rating scale in neck  
exclusion:Rheumatoid arthritis, osteoporosis

##### Intervention groups

two groups group A single session group B multiple session

##### Main outcome variables

cervical radiculopathy impact scale

#### General information

##### Reason for update

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT20220203053917N1**

Registration date: **2022-05-17, 1401/02/27**

Registration timing: **retrospective**

Last update: **2022-05-17, 1401/02/27**

Update count: **0**

##### Registration date

2022-05-17, 1401/02/27

##### Registrant information

##### Name

Zeb un nisa

##### Name of organization / entity

The University of Faislabad

##### Country

Pakistan

##### Phone

+92 312 6006078

##### Email address

dpt-fa13-058@tuf.edu.pk

##### Recruitment status

**Recruitment complete**

##### Funding source

##### Expected recruitment start date

2022-03-20, 1400/12/29

##### Expected recruitment end date

2022-03-28, 1401/01/08

##### Actual recruitment start date

empty

##### Actual recruitment end date

empty

##### Trial completion date

empty

##### Scientific title

comparative effects of single verse multiple sessions of eldoa in patients of cervical radiculopathy

##### Public title

comparative effects of single verse multiple sessions of eldoa in patients of cervical radiculopathy

##### Purpose

Treatment

##### Inclusion/Exclusion criteria

##### Inclusion criteria:

cervical radiculopathy impact scale 10 to 60 spurling test positive

##### Exclusion criteria:

diagnosed cases of RA osteoprosis

##### Age

No age limit

##### Gender

Both

##### Phase

N/A

## Groups that have been masked

- Participant

## Sample size

Target sample size: 60

## Randomization (investigator's opinion)

Randomized

## Randomization description

randomization is done by lottery method. sealed envelop will made upon which allocation of participants in both groups can be possible without biasness

## Blinding (investigator's opinion)

Single blinded

## Blinding description

participant is blinded means they dont know what treatment the other group gets

## Placebo

Not used

## Assignment

Parallel

## Other design features

## Secondary Ids

empty

## Ethics committees

### 1

#### Ethics committee

##### Name of ethics committee

ethics committe of the university of faisalabad

##### Street address

bangla road

##### City

haroonabad

##### Postal code

52250

#### Approval date

2022-03-13, 1400/12/22

#### Ethics committee reference number

1021

## Health conditions studied

### 1

#### Description of health condition studied

cervical radiculopathy

#### ICD-10 code

#### ICD-10 code description

## Primary outcomes

### 1

#### Description

pain

#### Timepoint

total 2 weeks of interventional period in which every week 3 sessions and assessment of pain before and after every session

#### Method of measurement

numeric pain rating scale

## Secondary outcomes

### 1

#### Description

quality of life

#### Timepoint

2 weeks

#### Method of measurement

cervical radiculopathy impact scale

## Intervention groups

### 1

#### Description

intervention 1: single session. this group recieve only eldoa for 60 sec in clinic for once and then for 2 weeks telephonic record will be taken. numeric pain rating scale taken pre and post of every session

#### Category

Rehabilitation

### 2

#### Description

Intervention group: 2 multiple session: this group will recieve 3 sessions per week for 2 weeks. eldoa perform in clinic for 5 reps with 5 sec hold. numeric pain rating scale recorded pre and post of every session.

#### Category

Rehabilitation

## Recruitment centers

### 1

#### Recruitment center

##### Name of recruitment center

Tehsil headquater haroonabad

##### Full name of responsible person

dr nabeel

##### Street address

bangla road

##### City

haroonabad

##### Postal code

52250

##### Phone

+92 312 6006078

##### Email

zaibsaheed058@gmail.com

## Sponsors / Funding sources

1

### Sponsor

**Name of organization / entity**

the university of faisalabad

**Full name of responsible person**

dr sidra majeed

**Street address**

bangla road

**City**

haroonabad

**Postal code**

52250

**Phone**

+92 312 6006078

**Email**

zaibsaheed058@gmail.com

**Grant name**

**Grant code / Reference number**

**Is the source of funding the same sponsor organization/entity?**

Yes

**Title of funding source**

the university of faisalabad

**Proportion provided by this source**

100

**Public or private sector**

Private

**Domestic or foreign origin**

Foreign

**Category of foreign source of funding**

Sponsor: country of origin

**Country of origin**

PK

**Type of organization providing the funding**

Academic

## Person responsible for general inquiries

### Contact

**Name of organization / entity**

the university of faisalabad

**Full name of responsible person**

dr sidra majeed

**Position**

assistant professor

**Latest degree**

Master

**Other areas of specialty/work**

Physiotherapy

**Street address**

bangla road

**City**

haroonabad

**Province**

punjab

**Postal code**

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**Phone**

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### Email

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## Person responsible for scientific inquiries

### Contact

**Name of organization / entity**

the university of faisalabad

**Full name of responsible person**

dr sidra majeed

**Position**

assistant professor

**Latest degree**

Master

**Other areas of specialty/work**

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**Postal code**

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**Phone**

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**Email**

zaibsaheed058@gmail.com

## Person responsible for updating data

### Contact

**Name of organization / entity**

zainab medicare hospital

**Full name of responsible person**

dr zeb un nisa

**Position**

clinical physiotherapist

**Latest degree**

Master

**Other areas of specialty/work**

Physiotherapy

**Street address**

bangla road

**City**

haroonabad

**Province**

punjab

**Postal code**

52250

**Phone**

+92 312 6006078

**Email**

zaibsaheed058@gmail.com

## Sharing plan

### Deidentified Individual Participant Data Set (IPD)

Yes - There is a plan to make this available

### Study Protocol

Yes - There is a plan to make this available

**Statistical Analysis Plan**

Yes - There is a plan to make this available

**Informed Consent Form**

Yes - There is a plan to make this available

**Clinical Study Report**

Yes - There is a plan to make this available

**Analytic Code**

No - There is not a plan to make this available

**Data Dictionary**

No - There is not a plan to make this available

**Title and more details about the data/document**

IPD collected for primary and secondary outcome measures

**When the data will become available and for how****long**

jan 2023

**To whom data/document is available**

people working in any domain can be authorized to get this data

**Under which criteria data/document could be used**

any wrong information or editorial errors

**From where data/document is obtainable**

this data is only available on-demand via email mention to the person responsible

**What processes are involved for a request to access data/document**

documents can also be processed via university emails

**Comments**

data is private legacy respect it