Clinical Trial Protocol
Iranian Registry of Clinical Trials

22 Nov 2026

comparative effects of single verse multiple sessions of eldoa in patients of cervical radiculopathy

Protocol summary

Study aim
pain in cervical radiculopathy
Design
randomization will be through lottery method ,single blinded study will be conducted in which only patient would be blinded
Settings and conduct
Tehsil headquater hospital, haroonabad
Participants/Inclusion and exclusion criteria
inclusion: cervical radiculopathy impact scale 10 to 60 included, pain 4 to 8 numeric pain rating scale in neck
exclusion:Rheumatoid arthritis, osteoporosis
Intervention groups
two groups group A single session group B multiple session
Main outcome variables
cervical radiculopathy impact scale

General information

Reason for update
Acronym
IRCT registration information
IRCT registration number: **IRCT20220203053917N1**
Registration date: **2022-05-17, 1401/02/27**
Registration timing: **retrospective**

Last update: **2022-05-17, 1401/02/27**
Update count: **0**
Registration date
2022-05-17, 1401/02/27

Registrant information
Name
Zeb un nisa
Name of organization / entity
The University of Faislabad
Country
Pakistan
Phone
+92 312 6006078
Email address
dpt-fa13-058@tuf.edu.pk

Recruitment status
Recruitment complete
Funding source

Expected recruitment start date
2022-03-20, 1400/12/29
Expected recruitment end date
2022-03-28, 1401/01/08
Actual recruitment start date
empty
Actual recruitment end date
empty
Trial completion date
empty

Scientific title
comparative effects of single verse multiple sessions of eldoa in patients of cervical radiculopathy

Public title
comparative effects of single verse multiple sessions of eldoa in patients of cervical radiculopathy
Purpose
Treatment
Inclusion/Exclusion criteria
Inclusion criteria:
cervical radiculopathy impact scale 10 to 60 spurling test positive
Exclusion criteria:
diagnosed cases of RA osteoprosis
Age
No age limit
Gender
Both

Phase

N/A

Groups that have been masked

- Participant

Sample size
Target sample size: **60**

Randomization (investigator's opinion)
Randomized

Randomization description
randomization is done by lottery method. sealed envelop will made upon which allocation of participants in both groups can be possible without biasness

Blinding (investigator's opinion)
Single blinded

Blinding description
participant is blinded means they dont know what treatment the other group gets

Placebo
Not used

Assignment
Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee
ethics committe of the university of faisalabad

Street address
bangla road

City
haroonabad

Postal code
52250

Approval date
2022-03-13, 1400/12/22

Ethics committee reference number
1021

Health conditions studied

1

Description of health condition studied
cervical radiculopathy

ICD-10 code

ICD-10 code description

Primary outcomes

1

Description
pain

Timepoint
total 2 weeks of interventional period in which every week 3 sessions and assessment of pain before and after every session

Method of measurement
numeric pain rating scale

Secondary outcomes

1

Description
quality of life

Timepoint
2 weeks

Method of measurement
cervical radiculopathy impact scale

Intervention groups

1

Description
intervention 1: single session. this group recieve only eldoa for 60 sec in clinic for once and then for 2 weeks telephonic record will be taken. numeric pain rating scale taken pre and post of every session

Category
Rehabilitation

2

Description
Intervention group: 2 multiple session: this group will recieve 3 sessions per week for 2 weeks. eldoa perform in clinic for 5 reps with 5 sec hold. numeric pain rating scale recorded pre and post of every session.

Category
Rehabilitation

Recruitment centers

1

Recruitment center

Name of recruitment center
Tehsil headquater haroonabad

Full name of responsible person
dr nabeel

Street address
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Email
zaibsaeed058@gmail.com

Sponsors / Funding sources

1

Sponsor
Name of organization / entity
the university of faisalabad
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Grant name
Grant code / Reference number
Is the source of funding the same sponsor organization/entity?
Yes
Title of funding source
the university of faisalabad
Proportion provided by this source
100
Public or private sector
Private
Domestic or foreign origin
Foreign
Category of foreign source of funding
Sponsor: country of origin
Country of origin
PK
Type of organization providing the funding
Academic

Person responsible for general inquiries

Contact
Name of organization / entity
the university of faisalabad
Full name of responsible person
dr sidra majeed
Position
assistant professor
Latest degree
Master
Other areas of specialty/work
Physiotherapy
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Person responsible for updating data

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Email
zaibsaeed058@gmail.com

Sharing plan

Deidentified Individual Participant Data Set (IPD)
Yes - There is a plan to make this available
Study Protocol
Yes - There is a plan to make this available

Statistical Analysis Plan
Yes - There is a plan to make this available
Informed Consent Form
Yes - There is a plan to make this available
Clinical Study Report
Yes - There is a plan to make this available
Analytic Code
No - There is not a plan to make this available
Data Dictionary
No - There is not a plan to make this available
Title and more details about the data/document
IPD collected for primary and secondary outcome measures
When the data will become available and for how long
jan 2023
To whom data/document is available
people working in any domain can be authorized to get this data
Under which criteria data/document could be used
any wrong information or editorial errors
From where data/document is obtainable
this data is only available on-demand via email mention to the person responsible
What processes are involved for a request to access data/document
documents can also be processed via university emails
Comments
data is private legacy respect it