Clinical Trial Protocol
Iranian Registry of Clinical Trials

22 Nov 2026

Studying the Impact of Listening to the holy Quran in the Recovery of Patients With Major Depression Disorder without Psychotic Manifestation

Protocol summary

Study aim
The effect of the Holy Quran on the recovery of patients with major depressive disorder without psychotic appearance

Design
Thirty patients with major depressive disorder without psychotic appearance referred to Razi Hospital in Urmia were divided into two groups of 15 intervention and control.

Settings and conduct
Thirty patients with major depressive disorder without psychotic appearance referred to Razi Psychiatric Hospital in Urmia were divided into two groups of intervention and control and for each member of the intervention group the Holy Quran (Surah Hadid) separately in the interview room by Headphones played

Participants/Inclusion and exclusion criteria
Patients with major depressive disorder without psychotic appearance

Intervention groups
Playing the Holy Quran audio on patients with major depressive disorder

Main outcome variables
After distributing the Holy Quran and filling out the questionnaire, results were reported that the patients' condition had improved

General information

Reason for update

Acronym

IRCT registration information
IRCT registration number: **IRCT20220405054417N1**
Registration date: **2022-08-01, 1401/05/10**
Registration timing: **retrospective**

Last update: **2022-08-01, 1401/05/10**
Update count: **0**

Registration date
2022-08-01, 1401/05/10

Registrant information
Name
Safar Hamednia
Name of organization / entity
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Iran (Islamic Republic of)
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Recruitment status
Recruitment complete

Funding source

Expected recruitment start date
2022-03-21, 1401/01/01

Expected recruitment end date
2022-06-21, 1401/03/31

Actual recruitment start date
2022-03-21, 1401/01/01

Actual recruitment end date
2022-06-21, 1401/03/31

Trial completion date
2022-06-21, 1401/03/31

Scientific title
Studying the Impact of Listening to the holy Quran in the Recovery of Patients With Major Depression Disorder without Psychotic Manifestation

Public title
The effect of the sound of the Holy Quran on depression

Purpose
Treatment

Inclusion/Exclusion criteria
Inclusion criteria:
Patients With Major Depression Disorder without Psychotic Manifestation Age between 25 and 65 years

old

Exclusion criteria:

Not associated with other psychiatric illnesses Depression secondary to physical disorders Depression secondary to drug disorders The news of the sudden death of relatives

Age

From **25 years** old to **65 years** old

Gender

Both

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **30**

Actual sample size reached: **30**

Randomization (investigator's opinion)

Randomized

Randomization description

Simple randomization; for this method. a list of patients who referred the desired time was prepared and from these patients who met the entry and exit criteria. An equal number of men and women and desired samples were randomly selected from this number have became

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Play the sound of the Holy Quran separately for each person participating in the control group

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics Committee of Urmia University of Medical Sciences

Street address

Headquarters of Urmia School of Medical Sciences, Resalat Blvd.

City

urmia

Province

West Azarbaijan

Postal code

5715799313

Approval date

2022-03-15, 1400/12/24

Ethics committee reference number

IR.UMSU.REC.1400.472

Health conditions studied

1

Description of health condition studied

Major depressive disorder without psychotic appearance

ICD-10 code

F06

ICD-10 code description

Other mental disorders due to known physiological condition

Primary outcomes

1

Description

60% decrease in the average score of the back Bquestionaire

Timepoint

Questionnaires were filled in two weeks before and after the intervention

Method of measurement

Beck Depression Inventory

Secondary outcomes

empty

Intervention groups

1

Description

For the intervention group of 15 people, the Beck questionnaire was completed before starting the treatment proposed by the center, and it was completed along with receiving the intervention treatment, and then the questionnaire was complete.The intervention includes playing the audio of Surah Hadid for each person for 13 minutes and separately

Category

Lifestyle

2

Description

Control group: 15 patients who were randomly selected and the Beck questionnaire was completed before starting the treatment suggested by the professors and after completing the treatment, the questionnaire was completed

Category

Lifestyle

Recruitment centers

1

Recruitment center

Name of recruitment center

Razi Psychiatric Hospital of Urmia

Full name of responsible person
Fateme Amiri
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Sponsors / Funding sources

1

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Grant name
Grant code / Reference number
Is the source of funding the same sponsor organization/entity?
No
Title of funding source
University
Proportion provided by this source
100
Public or private sector
Private
Domestic or foreign origin
Domestic
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
Academic

Person responsible for general inquiries

Contact
Name of organization / entity
Oroumia University of Medical Sciences
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Sharing plan

Deidentified Individual Participant Data Set (IPD)
Yes - There is a plan to make this available
Study Protocol
Yes - There is a plan to make this available
Statistical Analysis Plan
Not applicable
Informed Consent Form
Yes - There is a plan to make this available
Clinical Study Report
Yes - There is a plan to make this available
Analytic Code
Yes - There is a plan to make this available
Data Dictionary
Not applicable
Title and more details about the data/document
Beck questionnaire was filled out separately for each participant before and after the intervention
When the data will become available and for how long
It is available
To whom data/document is available
Psychiatry professors
Under which criteria data/document could be used
People who intend to work in this field
From where data/document is obtainable
Fatemeh Amiri
What processes are involved for a request to access data/document
Cantact with the researcher
Comments