

Clinical Trial Protocol

Iranian Registry of Clinical Trials

10 Jun 2026

Effects of Transcutaneous electrical nerve stimulation at two frequencies on Urinary Incontinence in post stroke patients; A Randomized controlled trial

Protocol summary

Study aim

In order to investigate the effect of different frequencies of TENS in urinary incontinence the current study was planned as no such study was done in not only Pakistan but Asia. The study will investigate the effect of TENS at two frequencies among patients post-stroke urinary symptoms.

Design

Randomised, superiority, parallel group trial with blinded outcome assessment. Randomisation was centralised and computerised with concealed randomisation sequence carried out at an external site

Settings and conduct

Rehman Medical Institute, Peshawar

Participants/Inclusion and exclusion criteria

Inclusion Criteria: 1. Patients of age <60 years 2. Patients of both genders Exclusion Criteria: 1. Patients with urinary retention, 2. Patients with a history of UI for various reasons (Parkinson's disease, spinal cord disease, dementia, urinary tract tumours, urolithiasis, unhealed urinary tract infections, or a history of urinary tract surgery),

Intervention groups

Experimental Group (Group A): The patients in group 1 will receive therapy with TENS for 30 mins once daily for 4 weeks in the hospital (as inpatients or outpatients). The TENS currents will be biphasic square waves with pulse durations of 150 μ secs and pulse frequencies of 75 Hz. Control Group (Group B): The patients in group 2 will receive therapy with TENS for 30 mins once daily for 4 weeks in the hospital (as inpatients or outpatients). The TENS currents will be biphasic square waves with pulse durations of 150 μ secs and pulse frequencies of 20 Hz.

Main outcome variables

Tools to be used are Overactive Bladder Symptom Score (OABSS)

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20221112056475N1**

Registration date: **2022-11-15, 1401/08/24**

Registration timing: **prospective**

Last update: **2022-11-15, 1401/08/24**

Update count: **0**

Registration date

2022-11-15, 1401/08/24

Registrant information

Name

Sarmad Saeed Khattak

Name of organization / entity

Rehman Medical Institute, Peshawar

Country

Pakistan

Phone

+92 91 5838666

Email address

sarmad.saeed@rmi.edu.pk

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2022-11-23, 1401/09/02

Expected recruitment end date

2023-02-23, 1401/12/04

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Effects of Transcutaneous electrical nerve stimulation at two frequencies on Urinary Incontinence in post stroke patients; A Randomized controlled trial

Public title

Effects of Transcutaneous electrical nerve stimulation at two frequencies on Urinary Incontinence in post stroke patients; A Randomized controlled trial

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion criteria:

Patients with UI after stroke Patients who were stable, cooperative, and could effectively communicate (to participate in therapy Patients who could complete the survey on urination both before and after treatment

Exclusion criteria:

Patients with urinary retention Patients with a history of UI for various reasons (Parkinson's disease, spinal cord disease, dementia, urinary tract tumours, urolithiasis, unhealed urinary tract infections, or a history of urinary tract surgery) Patients who needed significant fluid infusions or drugs that affected urination Patients with concurrent serious organic diseases Patients with severe cognitive functioning disorders (Mini-Mental State Examination10 score <22 points)

Age

To 60 years old

Gender

Both

Phase

N/A

Groups that have been masked

- Outcome assessor

Sample size

Target sample size: 98

Randomization (investigator's opinion)

Randomized

Randomization description

Following the selection of patients and the assessment of baseline similarities, the included participants will be randomly assigned to the control and experimental groups using the sealed envelopes method.

Blinding (investigator's opinion)

Single blinded

Blinding description

Due to the nature of the study, blinding the researcher/therapist and subjects will not be feasible. However, the assessor, who will compare pre and post scores will be blinded.

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Advance Studies & Research Board (AS&RB)

Street address

F1 Phase-6 Rd, Phase 5 Hayatabad, Peshawar, Khyber Pakhtunkhwa 25100

City

Peshawar

Postal code

25100

Approval date

2022-11-13, 1401/08/22

Ethics committee reference number

KMU/IPMR/MSPT/007

Health conditions studied

1

Description of health condition studied

Urinary Incontinence

ICD-10 code

N39.4

ICD-10 code description

Other specified urinary incontinence

Primary outcomes

1

Description

Overactive Bladder Symptom Score (OABSS)

Timepoint

Pre intervention and after 4 weeks of intervention

Method of measurement

Questionnaire

Secondary outcomes

empty

Intervention groups

1

Description

Intervention group: The patients in group 1 will receive therapy with TENS (model EN-Stim 4; ENRAF-NONIUS Company Ltd, Rotterdam, the Netherlands) for 30 mins once daily for 4 weeks in the hospital (as inpatients or outpatients). The TENS device will use a four-channel stimulator with fully independent channels and four sets of moist pads for rubber electrodes (6 × 8 cm). This process will make it possible to treat major muscle

groups simultaneously or to perform bilateral treatments simultaneously. The TENS currents will be biphasic square waves with pulse durations of 150 µsecs and pulse frequencies of 75 Hz.

Category

Treatment - Devices

2

Description

Control group: The patients in group 2 will receive therapy with TENS (model EN-Stim 4; ENRAF-NONIUS Company Ltd, Rotterdam, the Netherlands) for 30 mins once daily for 4 weeks in the hospital (as inpatients or outpatients). The TENS device will use a four-channel stimulator with fully independent channels and four sets of moist pads for rubber electrodes (6 × 8 cm). This process will make it possible to treat major muscle groups simultaneously or to perform bilateral treatments simultaneously. The TENS currents will be biphasic square waves with pulse durations of 150 µsecs and pulse frequencies of 20 Hz.

Category

Treatment - Devices

Recruitment centers

1

Recruitment center

Name of recruitment center

Rehman Medical Institute, Peshawar

Full name of responsible person

Zohaib Ali

Street address

5-B/2 Shaukat Khanum Rd, Phase 5 Hayatabad, Peshawar, Khyber Pakhtunkhwa 25000

City

Peshawar

Postal code

25000

Phone

+92 91 5838666

Email

zohaibali23204@gmail.com

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Khyber Medical University, Peshawar

Full name of responsible person

Hazrat Bilal Malakandi

Street address

F1 Phase-6 Rd, Phase 5 Hayatabad, Peshawar, Khyber Pakhtunkhwa 25100

City

Peshawar

Postal code

25100

Phone

+92 91 9217703

Email

bilal_kmu02@yahoo.com

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Khyber Medical University, Peshawar

Proportion provided by this source

100

Public or private sector

Public

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

Academic

Person responsible for general inquiries

Contact

Name of organization / entity

Khyber Medical University, Peshawar

Full name of responsible person

Mujeeb Ur Rahman

Position

Assistant Professor

Latest degree

Master

Other areas of specialty/work

Physiotherapy

Street address

F1 Phase-6 Rd, Phase 5 Hayatabad, Peshawar, Khyber Pakhtunkhwa 25100

City

Peshawar

Province

Khyber Pakhtunkhwa

Postal code

25100

Phone

+92 91 9217703

Email

mujeeb.rahman@kmu.edu.pk

Person responsible for scientific inquiries

Contact

Name of organization / entity

Rehman Medical Institute, Peshawar

Full name of responsible person

Sarmad Saeed Khattak

Position

Consultant physiotherapist

Latest degree

Master

Other areas of specialty/work

Physiotherapy

Street address

5-B/2 Shaukat Khanum Rd, Phase 5 Hayatabad,
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Peshawar

Province

Khyber Pakhtunkhwa

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Phone

+92 91 5838666

Email

sarmad.saeed@rmi.edu.pk

Person responsible for updating data**Contact****Name of organization / entity**

Khyber Medical University, Peshawar

Full name of responsible person

Zohaib Ali

Position

Student

Latest degree

Master

Other areas of specialty/work

Physiotherapy

Street address

F1 Phase-6 Rd, Phase 5 Hayatabad, Peshawar, Khyber

Pakhtunkhwa 25100

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Khyber Pakhtunkhwa

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Email

zohaibali23204@gmail.com

Sharing plan**Deidentified Individual Participant Data Set (IPD)**

No - There is not a plan to make this available

Justification/reason for indecision/not sharing IPD

To keep data confidential and not available for copying

Study Protocol

No - There is not a plan to make this available

Statistical Analysis Plan

Undecided - It is not yet known if there will be a plan to make this available

Informed Consent Form

No - There is not a plan to make this available

Clinical Study Report

No - There is not a plan to make this available

Analytic Code

No - There is not a plan to make this available

Data Dictionary

No - There is not a plan to make this available