

Clinical Trial Protocol

Iranian Registry of Clinical Trials

10 Jun 2026

Comparison of macroscopic and microscopic surgical methods in patients undergoing anterior cervical discectomy

Protocol summary

Study aim

Comparison of macroscopic and microscopic surgical procedures in patients undergoing anterior cervical discectomy In Besat Hospital of Hamadan from 1399 to 1400

Design

A clinical trial with a control group, with parallel groups, single blinded, randomized phase 3 on 60 patients, Rand function of Excel software will be used for randomization.

Settings and conduct

The study will be conducted on patients with cervical discopathy under the age of 70 years old in Besat Hospita in Hamadan. Patients who are eligible to enter the study will be randomly assigned to two intervention groups A and B. Group A will undergo cervical discectomy surgery by macroscopic method and group B will undergo cervical discectomy surgery by microscopic method. In this study, the person who assesses the surgical outcomes will be blinded of the surgical method used (single blind).

Participants/Inclusion and exclusion criteria

inclusion criteria: suffering from non-traumatic cervical discopathy, the number of discopathy levels less than three levels and conditions for not entering the study: age over 70 years, presence of calcification of the posterior ligament

Intervention groups

One group of patients will undergo cervical discectomy surgery by macroscopic method and another group will undergo cervical discectomy surgery by microscopic method.

Main outcome variables

The main outcomes of the study are: pain severity, amount of analgesic and narcotic drugs need, dysphagia complications, septicemia, bleeding during and after the operation, length of hospital stay.

General information

Reason for update

Acronym

دیسکتومی

IRCT registration information

IRCT registration number: **IRCT20151123025202N27**

Registration date: **2023-01-02, 1401/10/12**

Registration timing: **prospective**

Last update: **2023-01-02, 1401/10/12**

Update count: **0**

Registration date

2023-01-02, 1401/10/12

Registrant information

Name

Abbas Moradi

Name of organization / entity

Hamedan University of Medical Of Science

Country

Iran (Islamic Republic of)

Phone

+98 81 3838 0097

Email address

a.moradi@umsha.ac.ir

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2023-01-05, 1401/10/15

Expected recruitment end date

2023-09-21, 1402/06/30

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Comparison of macroscopic and microscopic surgical methods in patients undergoing anterior cervical discectomy

Public title

Cervical disc surgery by macroscopic and microscopic methods

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion criteria:

Non-traumatic cervical discopathy Discopathy less than three levels

Exclusion criteria:

Presence of posterior ligament calcification Age > 70 years

Age

To **70 years** old

Gender

Both

Phase

3

Groups that have been masked

- Outcome assessor

Sample size

Target sample size: **60**

Randomization (investigator's opinion)

Randomized

Randomization description

We made 60 cards and write letters MA on 30 for macroscopy and on the other 30 letters MI for the microscopy group. Then put them inside the envelope with aluminum wrap and put in a box. At the time of patient arrival, randomly select one of the envelopes and open it, based on selected letter (MA or MI) patients assign it to the macroscopy or microscopy discectomy .

Blinding (investigator's opinion)

Single blinded

Blinding description

The person who will assess the pain score and other outcomes of the surgery will be blinded of the surgical procedure

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics committee of Hamadan University of Medical Science

Street address

shahid fahmideh avenue

City

Hamadan

Province

Hamadan

Postal code

6517789971

Approval date

2022-12-03, 1401/09/12

Ethics committee reference number

IR.UMSHA.REC.1401.747

Health conditions studied

1

Description of health condition studied

cervical disc

ICD-10 code

M50

ICD-10 code description

Cervical disc disorders

Primary outcomes

1

Description

pain severity change

Timepoint

24 4 hours after surgery

Method of measurement

Neck pain Visual Analog Scale (NP-VAS)

2

Description

Analgesic consumption

Timepoint

during 24 hours postoperative

Method of measurement

Extract from the patient's medical record

3

Description

Complications of bleeding, septicemia, dysphagia

Timepoint

During the operation and up to 24 hours after the operation

Method of measurement

Surgeon's report, clinical examination and review of patients' medical records

Secondary outcomes

1

Description

Hospitalization period

Timepoint

at discharge time

Method of measurement

Interval time between hospitalization and discharge

Intervention groups

1

Description

Intervention group: They will undergo macroscopic surgery. In the macroscopic method, the cervical spine is accessed through the front. The skin and platysma muscle will be opened and the vertebral column is accessed from the space between the sternocleidomastoid on the side and the mid-cervical structures (trachea and esophagus) in the middle. In this method, the entire injured disc and the osteophytes will be removed, and a bone graft is placed in the space of the removed disc.

Category

Treatment - Surgery

2

Description

Control group: They will undergo microscopic surgery. In this procedure, first, a small incision is made at the back of the neck (midline). By removing the muscle, access to the desired vertebra will be provided. In order to ensure the exact location of the surgery, an X-ray is performed before removing the disc. Then, in order to determine the root of the nerve, a part of the facet joint is removed, finally, using a microscope, the disc under the root is identified and the herniated disc is removed. The nerve root will be returned. The muscles will move back and the incision will be sutured.

Category

Treatment - Surgery

Recruitment centers

1

Recruitment center

Name of recruitment center

Besat Hospital

Full name of responsible person

Mahdi Arjipour

Street address

Shahid Beheshti Blv

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6514845411

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Email

besat@umsha.ac.ir

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Hamedan University of Medical Sciences

Full name of responsible person

Reza Shokohi

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Shahid Fahmide Ave

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6517838677

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Fax

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Email

vc_research@umsha.ac.ir

Web page address

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Hamedan University of Medical Sciences

Proportion provided by this source

100

Public or private sector

Public

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

Academic

Person responsible for general inquiries

Contact

Name of organization / entity

Hamedan University of Medical Sciences

Full name of responsible person

Abbas Moradi

Position

Coach

Latest degree

Master

Other areas of specialty/work

Epidemiology

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Shahid fahmideh street Medical school

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Person responsible for scientific inquiries

Contact

Name of organization / entity
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Person responsible for updating data

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

No - There is not a plan to make this available

Justification/reason for indecision/not sharing IPD

No more information

Study Protocol

Undecided - It is not yet known if there will be a plan to make this available

Statistical Analysis Plan

Undecided - It is not yet known if there will be a plan to make this available

Informed Consent Form

Undecided - It is not yet known if there will be a plan to make this available

Clinical Study Report

Undecided - It is not yet known if there will be a plan to make this available

Analytic Code

Undecided - It is not yet known if there will be a plan to make this available

Data Dictionary

Undecided - It is not yet known if there will be a plan to make this available