

Clinical Trial Protocol

Iranian Registry of Clinical Trials

10 Jun 2026

Effects Of Spider Cage Therapy On Motor Control Of Hemiplegic Cerebral Palsy Children

Protocol summary

Study aim

The objective of this study was to find out the effects of spider cage therapy on motor control of hemiplegic cerebral palsy children

Design

Study design was randomized clinical trials Sampling techniques non probability purposive sampling technique used and subject was allocated in two groups. Randomization was done by lottery method Study population were spastic hemiplegic cp Study Duration 4 moths Sample size 28 calculated by EPI tool

Settings and conduct

Mubarak medical complex new block sargodha Khawaja arshad hospital sargodha District head quarter sargodha

Participants/Inclusion and exclusion criteria

Inclusion criteria: Modified ashworth scale (grade 2) GMFCS level II.. Exclusion criteria: mutiple deformity, mentally retarded

Intervention groups

Group A receive spider cage therapy session was consist of 5 days in a week for 9 months. spider cage used to control motor function like kneeling, half kneeling, one leg standing and jumping. Gross motor function scale-88 (item c, d and e) used to determine motor abilities of cp child. in start of session general body warm up exercises like neck rotation, Elbow flexion and extension, knee extension and ankle rotation

Main outcome variables

Gross motor function scale 88 was used for categorize motor abilities of individual of cerebral palsy as baseline start of intervention. While Modified Ashworth scale was used for spasticity

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20230707058703N1**

Registration date: **2023-09-27, 1402/07/05**

Registration timing: **registered_while_recruiting**

Last update: **2023-09-27, 1402/07/05**

Update count: **0**

Registration date

2023-09-27, 1402/07/05

Registrant information

Name

Aleena Mubarak

Name of organization / entity

The university of faisalabad

Country

Pakistan

Phone

+92 48 3750816

Email address

aleenachaudhry42@gmail.com

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2023-09-24, 1402/07/02

Expected recruitment end date

2023-10-24, 1402/08/02

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Effects Of Spider Cage Therapy On Motor Control Of Hemiplegic Cerebral Palsy Children

Public title

Effects Of Spider Cage Therapy On Motor Control Of

Hemiplegic Cerebral Palsy Children

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion criteria:

Children diagnosed with hemiplegic cerebral palsy Age between 4-10 Both male and females Modified Ashworth Scale (Grade 2) Able to cooperate and motivated was include in the study Cp children who was able to understand and follow verbal commands was added in training and evaluation Gross motor function scale level: II

Exclusion criteria:

Children with severe disability, seizure instability waiting for surgery Mentally retarded Multiple contractures Multiple any bone diseases Multiple deformity Hemiplegic with meningitis

Age

From 4 years old to 10 years old

Gender

Both

Phase

1-2

Groups that have been masked

No information

Sample size

Target sample size: 28

Randomization (investigator's opinion)

Randomized

Randomization description

According to inclusion criteria, all the enrolled participants would be allocated into two groups. Randomly allocated by lottery method. Participants would be randomly assigned to two groups one group was experimental group this group received spider cage therapy. While second group was control group received conventional therapy.

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethical Review Committee

Street address

University Avenue, Faisal town canal road, Faisalabad

City

Faisalabad

Postal code

38000

Approval date

2023-09-08, 1402/06/17

Ethics committee reference number

TUF/DR/SA/MSPP/2023/246

Health conditions studied

1

Description of health condition studied

Hemiplegic cerebral palsy children

ICD-10 code

Hemiplegic

ICD-10 code description

G80.2

Primary outcomes

1

Description

Gross motor function scale -88(item b, c and d)

Timepoint

Before intervention and 3,6 and 9 week after intervention

Method of measurement

Gross motor function scale-88 used to measure the motor ability of hemiplegic cerebral palsy children by using spider cage unit

Secondary outcomes

1

Description

Modified Ashworth scale

Timepoint

Baseline , 3,6 and 9 week

Method of measurement

Modified ashworth scale used to measure the spasticity of hemiplegic cerebral palsy children

Intervention groups

1

Description

"Intervention group:" This group received spider cage therapy for motor control like kneeling, half kneeling, one leg standing and jumping by using gross motor function scale. Five days in a week. Start with general body warm exercises then spider cage therapy

Category

Rehabilitation

2

Description

"Control group:" this group received conventional therapy in which stretching exercises were performed.

Before this general body warm exercise were performed then stretching exercises. 5 days in a week.

Category

Rehabilitation

Recruitment centers

1

Recruitment center

Name of recruitment center

Mubarak medical complex new block sargodha

Full name of responsible person

Dr. alina chaudhry

Street address

Satellite town a block

City

Sargodha

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40100

Phone

+92 48 3220262

Email

Info@mubarakmc.com

2

Recruitment center

Name of recruitment center

Khawaja arshad hospital sargodha

Full name of responsible person

Dr. farjad afzal

Street address

Sarellite town 394

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Sargodha

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Inf0@khawaja.com

3

Recruitment center

Name of recruitment center

District head quarter sargodha

Full name of responsible person

Dr.nazar hussain

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4, mianwali road sargodha

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Info@dhq.com

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

The university of faisalabad

Full name of responsible person

Aleena mubarak

Street address

House no 39,40 block b cant view sargodha

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Phone

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Email

Aleenachaudhry42@gmail.com

Grant name

No grant name

Grant code / Reference number

No grant code

Is the source of funding the same sponsor organization/entity?

No

Title of funding source

Self funding

Proportion provided by this source

100

Public or private sector

Private

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin**Type of organization providing the funding**

Other

Person responsible for general inquiries

Contact

Name of organization / entity

The university of faisalabad

Full name of responsible person

Aleena mubarak

Position

Student

Latest degree

Master

Other areas of specialty/work

Physiotherapy

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Person responsible for scientific inquiries

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Full name of responsible person

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Position

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Asma Baig

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Physiotherapy

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

Yes - There is a plan to make this available

Study Protocol

Yes - There is a plan to make this available

Statistical Analysis Plan

Yes - There is a plan to make this available

Informed Consent Form

Yes - There is a plan to make this available

Clinical Study Report

Yes - There is a plan to make this available

Analytic Code

Yes - There is a plan to make this available

Data Dictionary

Yes - There is a plan to make this available

Title and more details about the data/document

Effects of spider cage therapy on motor control of hemiplegic cerebral palsy children. A randomization clinical trial

When the data will become available and for how long

Data will be available for other people almost 6 months after the completion of study

To whom data/document is available

Data will be available for other people almost 6 months after the completion of study

Under which criteria data/document could be used

The data/document could be used by communicating with the principle investigator Aleena Mubarak gmail: aleenachaudhry42@gmail.com

From where data/document is obtainable

Aleena Mubarak gmail: aleenachaudhry42@gmail.com

What processes are involved for a request to access data/document

The data/document could be used by communicating with the principle investigator Aleena Mubarak gmail: aleenachaudhry42@gmail.com

Comments