

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

10 Jun 2026

### Investigating Bioequivalence of Mexiletine 200 mg Capsule compared to innovator product

#### Protocol summary

##### Study aim

In vivo bioequivalence study of Mexiletine 200 mg

##### Design

The clinical trial has control and test groups with crossover, randomized design, without blinding. Twenty-four healthy volunteers will participate randomly in the study as two twelve-person study groups. Each volunteer will receive a single dose of drug in two periods. In one period the test formulation and in another period the reference formulation. Therefore, each volunteer will be his own "Control". To randomly assign participants in two groups, the lottery method will be used.

##### Settings and conduct

After oral administration of 200 mg tablet to volunteer, the blood samples will be collected in predetermined time intervals up to 48 hours. The samples will be stored in freezer -4 degrees centigrade until analysis and sample quantitation. The concentration of drug in blood samples will be measured by liquid chromatography. The study will be performed in Faculty of Pharmacy, Tabriz University of Medical Sciences.

##### Participants/Inclusion and exclusion criteria

Inclusion criteria: General Health (in terms of Liver, Heart and Kidney), Age (18-59 years old) Exclusion criteria: Smoking, History of cardiovascular, liver and kidney disease, Pregnancy, Alcohol and drug addiction, History of drug allergy.

##### Intervention groups

Intervention group will receive a single oral dose of test drug product (Mexiletine 200 mg capsule manufactured in Canada) and Control group will receive a single dose of reference drug product (Pioglitazone 30 mg capsule manufactured in Germany). Blood samples will be taken for 48 hours at the mentioned time points after drug administration and the plasma will be stored in freezer until analysis. In both groups, breakfast and lunch will be served two and six hours after drug administration, respectively.

##### Main outcome variables

Drug plasma concentration

#### General information

##### Reason for update

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT20210519051345N36**

Registration date: **2023-11-30, 1402/09/09**

Registration timing: **prospective**

Last update: **2023-11-30, 1402/09/09**

Update count: **0**

##### Registration date

2023-11-30, 1402/09/09

##### Registrant information

##### Name

Parvin Zakeri-Milani

##### Name of organization / entity

##### Country

Iran (Islamic Republic of)

##### Phone

+98 41 3334 8801

##### Email address

pzakeri@tbzmed.ac.ir

##### Recruitment status

**Recruitment complete**

##### Funding source

##### Expected recruitment start date

2023-12-01, 1402/09/10

##### Expected recruitment end date

2024-05-19, 1403/02/30

##### Actual recruitment start date

empty

##### Actual recruitment end date

empty

##### Trial completion date

empty

### Scientific title

Investigating Bioequivalence of Mexiletine 200 mg Capsule compared to innovator product

### Public title

Bioequivalence study of Mexiletine 200 mg capsule

### Purpose

Other

### Inclusion/Exclusion criteria

#### Inclusion criteria:

General Health (in terms of Liver, Heart and Kidney) Age (18-59 years)

#### Exclusion criteria:

Smoking History of cardiovascular disease, liver and kidney disease Pregnancy Alcohol and drug addiction History of drug allergy

### Age

From **18 years** old to **59 years** old

### Gender

Both

### Phase

Bioequivalence

### Groups that have been masked

No information

### Sample size

Target sample size: **24**

### Randomization (investigator's opinion)

Randomized

### Randomization description

To randomly assign participants in two groups, 24 cards with numbers 1 to 24 will be used in closed envelopes that are arranged irregularly. Each candidate will pick up an envelope. Numbers 1-12 will be in group A and numbers 13-24 will be in group B. Group A will receive intervention 1 and group B will receive intervention 2, and after the first period, the interventions of both groups will change for the second period.

### Blinding (investigator's opinion)

Not blinded

### Blinding description

#### Placebo

Not used

### Assignment

Crossover

### Other design features

## Secondary Ids

empty

## Ethics committees

### 1

#### Ethics committee

##### Name of ethics committee

Biomedical Research Committee, Tabriz University of Medical Sciences

##### Street address

No.2 Central Building 3rd Floor, Tabriz University of

Medical Sciences, Daneshgah st.

#### City

Tabriz

#### Province

East Azarbaijan

#### Postal code

51664-14766

#### Approval date

2023-11-20, 1402/08/29

#### Ethics committee reference number

IR.TBZMED.REC.1402.608

## Health conditions studied

### 1

#### Description of health condition studied

In the present study, the products will be administered to healthy volunteers

#### ICD-10 code

#### ICD-10 code description

## Primary outcomes

### 1

#### Description

Plasma concentration of drug

#### Timepoint

0.5-48 hours in predetermined time intervals after drug administration

#### Method of measurement

HPLC (High performance liquid chromatography)

## Secondary outcomes

empty

## Intervention groups

### 1

#### Description

Intervention group: Intervention group will receive a single oral dose of test product (Mexiletine 200 mg tablet manufactured by Ahran Tejarat) in fasted state. Blood samples will be collected for 48 hours at the mentioned times after drug administration and the concentration of drug in blood samples will be stored in freezer until analysis. Breakfast and lunch will be served two and six hours after drug administration, respectively

#### Category

Treatment - Drugs

### 2

#### Description

Control group: Control group will receive a single oral dose of reference product (Mexiletine 200 mg capsule manufactured in Canada) in fasted state. Blood samples will be collected for 48 hours at the mentioned times after drug administration and the concentration of drug

in blood samples will be stored in freezer until analysis.  
Breakfast and lunch will be served two and six hours  
after drug administration, respectively.

**Category**

Treatment - Drugs

**Recruitment centers****1****Recruitment center****Name of recruitment center**

Faculty of Pharmacy, Tabriz University of Medical  
Sciences

**Full name of responsible person**

Parvin Zakeri-Milani

**Street address**

Faculty of Pharmacy, Tabriz University of Medical  
Sciences, Attar Neishaboori St., Golgasht St.

**City**

Tabriz

**Province**

East Azarbaijan

**Postal code**

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**Phone**

+98 41 3334 8801

**Email**

pzakeri@tbzmed.ac.ir

**Sponsors / Funding sources****1****Sponsor****Name of organization / entity**

Tabriz University of Medical Sciences

**Full name of responsible person**

Parviz Shahabi

**Street address**

No.2 Central Building 3rd Floor, Tabriz University of  
Medical Sciences, Daneshgah St.

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**Email**

shahabip@tbzmed.ac.ir

**Grant name****Grant code / Reference number****Is the source of funding the same sponsor  
organization/entity?**

No

**Title of funding source**

Ahran Tejarat Co.

**Proportion provided by this source**

100

**Public or private sector**

Private

**Domestic or foreign origin**

Domestic

**Category of foreign source of funding**

empty

**Country of origin****Type of organization providing the funding**

Industry

**Person responsible for general inquiries****Contact****Name of organization / entity**

Tabriz University of Medical Sciences

**Full name of responsible person**

Parvin Zakeri-Milani

**Position**

Professor

**Latest degree**

Ph.D.

**Other areas of specialty/work**

Medical Pharmacy

**Street address**

Faculty of Pharmacy, Tabriz University of Medical  
Sciences, Attar Neishaboori St., Golgasht St.

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**Person responsible for scientific  
inquiries****Contact****Name of organization / entity**

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**Person responsible for updating data**

**Contact**

**Name of organization / entity**

Tabriz University of Medical Sciences

**Full name of responsible person**

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**Postal code**

51664-14766

**Phone**

**Sharing plan**

**Deidentified Individual Participant Data Set (IPD)**

Undecided - It is not yet known if there will be a plan to make this available

**Study Protocol**

Undecided - It is not yet known if there will be a plan to make this available

**Statistical Analysis Plan**

Undecided - It is not yet known if there will be a plan to make this available

**Informed Consent Form**

Undecided - It is not yet known if there will be a plan to make this available

**Clinical Study Report**

Undecided - It is not yet known if there will be a plan to make this available

**Analytic Code**

Not applicable

**Data Dictionary**

Not applicable