

Clinical Trial Protocol

Iranian Registry of Clinical Trials

10 Jun 2026

Comparison of ultrasound guided femoropopliteal block versus spinal anesthesia for ankle surgery

Protocol summary

Study aim

To compare the sensory, motor, block duration and added analgesia requirements between ultrasound guided femoropopliteal block and spinal anesthesia in patients with malleolar fractures of the ankle.

Design

A randomized control trial was carried out at the Department of anesthesiology. A pilot study was carried out before the start of the trial with 15 participants in each group, one to receive spinal anesthesia and the other to be administered femoropopliteal block under ultrasound guidance for malleolar fracture of the ankle.

Settings and conduct

The method of randomization was non-probability consecutive sampling by lottery method.

Participants/Inclusion and exclusion criteria

Included all ASA-I and II male and female patients between ages 25-55 years. Excluded patients with major cardiac or respiratory disease, patients with failed spinal or femoropopliteal block after three unsuccessful attempts, patients allergic to local anesthetic including bupivacaine, lignocaine and steroids including dexamethasone, patients with malignancy or malignant disease, pregnant females and patients unwilling to be included in the study.

Intervention groups

The trial randomized all patients as per the inclusion criteria furnished. The patients were divided into the spinal group and the femoropopliteal block group. Once the patients were divided into the two groups, an informed written consent was taken, and patients in both groups were explained in detail about the procedure and possible complications. Standard monitoring including non-invasive blood pressure, heart rate, capnography and ECG were attached to participants in both groups.

Main outcome variables

Duration of surgery. Mean time to onset of sensory block. Mean time to onset of motor block. Mean time to first dose rescue analgesia. Mean time of analgesia given in

HDU. Mean HDU stay. Mean patient satisfaction score for pain relief.

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20231211060337N1**

Registration date: **2024-01-08, 1402/10/18**

Registration timing: **registered_while_recruiting**

Last update: **2024-01-08, 1402/10/18**

Update count: **0**

Registration date

2024-01-08, 1402/10/18

Registrant information

Name

Afzal Shabbir

Name of organization / entity

Armed Force Postgraduate Medical Institute (AFPGMI)

Country

Pakistan

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+92 313 5158969

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afzalshabbir68@gmail.com

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2023-08-16, 1402/05/25

Expected recruitment end date

2024-02-15, 1402/11/26

Actual recruitment start date

empty

Actual recruitment end date

empty
Trial completion date
empty

Scientific title
Comparison of ultrasound guided femoropopliteal block versus spinal anesthesia for ankle surgery

Public title
Comparison of ultrasound guided femoropopliteal block versus spinal anesthesia for ankle surgery

Purpose
Treatment

Inclusion/Exclusion criteria

Inclusion criteria:
Included all ASA-I and II male and female patients between ages 25-55 years presenting for surgical fixation of malleolar fracture of the ankle.

Exclusion criteria:
Included patients with major cardiac or respiratory disease, patients with failed spinal or femoropopliteal block after three unsuccessful attempts. Patients allergic to local anesthetics including bupivacaine , lignocaine and steroids including dexamethasone. Patients with malignancy or metastatic disease, pregnant females and patients unwilling to be included in the study

Age
From **25 years** old to **55 years** old

Gender
Both

Phase
N/A

Groups that have been masked
No information

Sample size
Target sample size: **190**
More than 1 sample in each individual
Number of samples in each individual: **1**
1

Randomization (investigator's opinion)
Randomized

Randomization description
The trial randomized all patients as per the inclusion criteria furnished. The patients were divided into the spinal group and the femoropopliteal block group. Once the patients were divided into the two groups, an informed written consent was taken, and patients in both groups were explained in detail about the procedure and possible complications. Standards monitoring including non-invasive blood pressure, heart rate, capnography and ECG were attached to participants in both groups.

Blinding (investigator's opinion)
Not blinded

Blinding description

Placebo
Not used

Assignment
Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethical comiittee of combined military hospital

Street address

Tamizudin road , lalkurti rawalpindi

City

Rawalpindi

Postal code

46000

Approval date

2023-08-01, 1402/05/10

Ethics committee reference number

CMH/RWP

Health conditions studied

1

Description of health condition studied

Ankle surgery

ICD-10 code

ICD-10 code description

Primary outcomes

1

Description

We conclude that spinal anesthesia provides early sensory and motor onset but femoropopliteal block is superior when comparing block duration and total dose of analgesia needed in 24 hours post-operatively.

Timepoint

24 hours post operative

Method of measurement

By measuring the logevity of the block

Secondary outcomes

empty

Intervention groups

1

Description

Control group: Spinal anesthesia was administered in Group S using a standard 27 G Braun spinal needle in the L3-L4 spinal space under strict aseptic measures by a consultant anesthetist and 0.5% hyperbaric bupivacaine using a volume of 2.5 ml was administered. Onset and quality of sensory and motor block was checked and re-assessed every 2 minutes using the modified Bromage scale for motor and cold spray method for check for

sensory block integrity until an effective sensory level was achieved for spinal dermatomal level T12 and below and motor block effectiveness with a Bromage score of 1.

Category

Treatment - Other

2

Description

Control group: Patient in the femoropopliteal block group were administered the block in prone position for the popliteal block blocking the tibial and common peroneal nerves in the popliteal space using 15ml of 0.5% bupivacaine with 2mg dexamethasone. Patients were then turned supine and 5ml of 0.5% bupivacaine with 0.5mg dexamethasone was administered in the femoral sheath for the femoral block. Both the blocks were performed under strict aseptic measures by a consultant pain specialist following standard guidelines furnished by NYSORA. Onset of the block was checked and re-assessed every two minutes until sensory and motor blocks were achieved as in the spinal group.

Category

Treatment - Other

Recruitment centers

1

Recruitment center

Name of recruitment center

Combined Military hospital

Full name of responsible person

Afzal shabbir

Street address

H2JW+9V8, CMH Rd, Rawalpindi, Punjab

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+92 51 9273426

Email

afzalshabbir68@gamil.com

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Combined military hospital

Full name of responsible person

Dr khalid buland

Street address

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Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Combined military hospital

Proportion provided by this source

100

Public or private sector

Public

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

Academic

Person responsible for general inquiries

Contact

Name of organization / entity

Armed Forces Post Graduate Medical Institute

Full name of responsible person

Afzal shabbir

Position

Registrar Anesthesia

Latest degree

Medical doctor

Other areas of specialty/work

Anesthesiology

Street address

Itefaq town nai abadi kirpa road islamabad

City

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Province

Punjab

Postal code

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Phone

+92 313 5158969

Email

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Person responsible for scientific inquiries

Contact

Name of organization / entity

Armed Forces Post Graduate Medical Institute

Full name of responsible person

Afzal shabbir

Position

Registrar Anesthesia

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Other areas of specialty/work

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Person responsible for updating data

Contact

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

Undecided - It is not yet known if there will be a plan to make this available

Study Protocol

Undecided - It is not yet known if there will be a plan to make this available

Statistical Analysis Plan

Undecided - It is not yet known if there will be a plan to make this available

Informed Consent Form

Undecided - It is not yet known if there will be a plan to make this available

Clinical Study Report

Undecided - It is not yet known if there will be a plan to make this available

Analytic Code

Undecided - It is not yet known if there will be a plan to make this available

Data Dictionary

Undecided - It is not yet known if there will be a plan to make this available