

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

10 Jun 2026

### A Study to Test Dapagliflozin in Patients with Acute Heart Failure

#### Protocol summary

##### Study aim

A Study to Test Dapagliflozin in Patients with Acute Heart Failure

##### Design

Patients with or without type 2 diabetes who are hospitalized with ADHF regardless of left ventricular ejection fraction (LVEF) will be randomly assigned to either to protocolled furosemide (40 mg intravenously) plus placebo or they will be received furosemide plus 10 mg of dapagliflozin daily. The duration of treatment will be 5 days in both groups; ejection fraction and serum level of sirtuin will be measured on day5. After that, patients in the control group will receive conventional treatments plus placebo, and in the test group, they will receive conventional treatments plus 10 mg dapagliflozin daily for 8 weeks. After the completion of the treatment, the patients of the two groups will be compared for amount of edema, heart function, serum level of BNP, urine volume, rate of referral to the cardiac care unit, and death.

##### Settings and conduct

A double-blind and randomized study which will be performed in Semnan Kowsar Hospital and Tehran Shahid Rajai Hospital.

##### Participants/Inclusion and exclusion criteria

Inclusion criteria: Patients (age between 20-80 years) with acute decompensated heart failure (ADHF). Brain Natriuretic Peptide (BNP) >100 pg/ml, or N-terminal pro-BNP (NT-proBNP)>300 pg/ml with evidence of congestion Exclusion criteria: Type 1 diabetes Serum glucose < 80 mg/dL Systolic blood pressure < 90 mmHg Requirement of inotropic therapy History of hypersensitivity to SGLT-2 inhibitors Already receiving an SGLT2 inhibitor Pregnancy History of diabetic ketoacidosis Acute heart failure without signs of congestion ("dry" patient) Acute myocardial infarction

##### Intervention groups

Control group: IV furosemide plus placebo Intervention group: IV furosemide plus 10 mg oral dapagliflozin

##### Main outcome variables

Ejection fraction

#### General information

##### Reason for update

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT20150617022794N3**

Registration date: **2024-06-09, 1403/03/20**

Registration timing: **prospective**

Last update: **2024-06-09, 1403/03/20**

Update count: **0**

##### Registration date

2024-06-09, 1403/03/20

##### Registrant information

##### Name

Bahador Bagheri

##### Name of organization / entity

Semnan University of Medical Sciences

##### Country

Iran (Islamic Republic of)

##### Phone

+98 912 326 8059

##### Email address

bagherib@semums.ac.ir

##### Recruitment status

**recruiting**

##### Funding source

##### Expected recruitment start date

2024-07-05, 1403/04/15

##### Expected recruitment end date

2026-07-06, 1405/04/15

##### Actual recruitment start date

empty

##### Actual recruitment end date

empty

##### Trial completion date

empty

**Scientific title**

A Study to Test Dapagliflozin in Patients with Acute Heart Failure

**Public title**

Dapagliflozin and acute heart failure

**Purpose**

Treatment

**Inclusion/Exclusion criteria****Inclusion criteria:**

Acute heart failure BNP>100 pg/ml receiving IV furosemide Evidence of congestion

**Exclusion criteria:**

Serum glucose < 80 mg/dL Type 1 diabetes mellitus Systolic blood pressure < 90 mmHg Requirement of inotropic therapy hypersensitivity to SGLT-2 inhibitors Already receiving an SGLT2 inhibitor Pregnancy History of DKA Acute MI

**Age**

From **20 years** old to **80 years** old

**Gender**

Both

**Phase**

3

**Groups that have been masked**

- Participant
- Care provider
- Data analyst

**Sample size**

Target sample size: **200**

**Randomization (investigator's opinion)**

Randomized

**Randomization description**

The method of randomly assigning people in two groups is permuted block randomization. In this method, A will represent group one (protocol treatment of furosemide with the addition of dapagliflozin 10 mg per day) and B will represent group two (furosemide plus placebo). In this way, the order of interventions A and B in the form of 5 blocks of 8 and 5 blocks of 12 from number 1 to 10 is determined by the methodological consultant of the project and placed at the disposal of the executive supervisor of the project. The executive supervisor selects one of the numbers 0 to 9 (1 to 9 blocks number 1 to 9 and zero is a sign for block number 10) using a table of random numbers, and then the qualified people according to the predetermined (from left to right) are attributed to one of two groups A or B. It should be mentioned in case of crossed consequences, another number (between 0 and 9) will be selected for such person.

**Blinding (investigator's opinion)**

Double blinded

**Blinding description**

After signing the consent letter, patients will be entered either in control or intervention group. Included patients are not aware of receiving placebo or the test drug. In addition, physicians and the department staff are blinded from patients allocation.

**Placebo**

Used

**Assignment**

Parallel

**Other design features****Secondary Ids**

empty

**Ethics committees****1****Ethics committee****Name of ethics committee**

Ethics Committee, Semnan University of Medical Sciences

**Street address**

School of Medicine, Mashhad Road

**City**

Semnan

**Province**

Semnan

**Postal code**

3514799442

**Approval date**

2024-05-29, 1403/03/09

**Ethics committee reference number**

IR.SEMUMS.REC.1403.029

**Health conditions studied****1****Description of health condition studied**

Heart Failure

**ICD-10 code**

I50.0

**ICD-10 code description**

Systolic (congestive) heart failure

**Primary outcomes****1****Description**

ejection fraction

**Timepoint**

At admission and 5 days after receiving the medications and at study termination

**Method of measurement**

echocardiography

**Secondary outcomes****1****Description**

Serum level of Sirtuin-1

**Timepoint**

At admission and 5 days after receiving the medications

**Method of measurement**

ELISA

## 2

### Description

Worsening of clinical conditions

### Timepoint

At release till 8 weeks

### Method of measurement

Readmission and phone call

## Intervention groups

### 1

#### Description

Intervention group: 40 mg intravenous furosemide determined by amount of congestion. In addition, patients will receive 10 mg oral Dapagliflozin daily for 5 days (Kimia Pharmaceuticals). In case of patient release, dapagliflozin will be continued (10 mg, daily) for 8 weeks. Patients will be given other drugs according to conventional protocols.

#### Category

Treatment - Drugs

### 2

#### Description

Control group: Intravenous furosemide plus placebo

#### Category

Placebo

## Recruitment centers

### 1

#### Recruitment center

##### Name of recruitment center

Kowsar Hospital

##### Full name of responsible person

Samir Mehrabi Pari

##### Street address

Kowsar Hospital Semnan

##### City

Semnan

##### Province

Semnan

##### Postal code

3514799442

##### Phone

+98 912 331 4967

##### Email

info@semums.ac.ir

### 2

#### Recruitment center

##### Name of recruitment center

Rajaie Cardiovascular, Medical & Research Center

##### Full name of responsible person

Marzieh Tajdini

#### Street address

Niyayesh Highway

#### City

Tehran

#### Province

Tehran

#### Postal code

1995614331

#### Phone

+98 21 2204 2026

#### Email

m.mirtajadini@gmail.com

## Sponsors / Funding sources

### 1

#### Sponsor

##### Name of organization / entity

Semnan University of Medical Sciences

##### Full name of responsible person

Majid Mirmohammadkhani

##### Street address

Main Organization, Semnan University of Medical Sciences, Basidj Blvd

##### City

Semnan

##### Province

Semnan

##### Postal code

3514799442

##### Phone

+98 23 3344 1336

##### Email

info@semums.ac.ir

#### Grant name

#### Grant code / Reference number

#### Is the source of funding the same sponsor organization/entity?

Yes

#### Title of funding source

Semnan University of Medical Sciences

#### Proportion provided by this source

100

#### Public or private sector

Public

#### Domestic or foreign origin

Domestic

#### Category of foreign source of funding

*empty*

#### Country of origin

#### Type of organization providing the funding

Academic

## Person responsible for general inquiries

#### Contact

##### Name of organization / entity

ShaRajaie Cardiovascular, Medical & Research Center

##### Full name of responsible person

Hooman Bakhshande

##### Position

Associate professor

**Latest degree**

Ph.D.

**Other areas of specialty/work**

Epidemiology

**Street address**

Niyayesh Highway

**City**

Tehran

**Province**

Tehran

**Postal code**

1995614331

**Phone**

22042026 -021

**Email**

hooman.bakhsande@gmail.com

**Person responsible for scientific inquiries**

**Contact**

**Name of organization / entity**

Semnan University of Medical Sciences

**Full name of responsible person**

Bahador Bagheri

**Position**

Associate professor

**Latest degree**

Ph.D.

**Other areas of specialty/work**

Pharmacology

**Street address**

Pharmacy School, Basidj Blvd, Semnan

**City**

Semnan

**Province**

Semnan

**Postal code**

35147-99442

**Phone**

+98 23 3343 1336

**Email**

bagherib@semums.ac.ir

**Person responsible for updating data**

**Contact**

**Name of organization / entity**

Semnan University of Medical Sciences

**Full name of responsible person**

Ali Akbar Rostami

**Position**

Medical Student

**Latest degree**

Medical doctor

**Other areas of specialty/work**

Internal Medicine

**Street address**

Kowsar Hospital, Basidj Blvd, Semnan

**City**

Semnan

**Province**

Semnan

**Postal code**

3514799442

**Phone**

+98 23 3343 1336

**Email**

rostami009@gmail.com

**Sharing plan**

**Deidentified Individual Participant Data Set (IPD)**

Undecided - It is not yet known if there will be a plan to make this available

**Study Protocol**

Undecided - It is not yet known if there will be a plan to make this available

**Statistical Analysis Plan**

Undecided - It is not yet known if there will be a plan to make this available

**Informed Consent Form**

Undecided - It is not yet known if there will be a plan to make this available

**Clinical Study Report**

Undecided - It is not yet known if there will be a plan to make this available

**Analytic Code**

Undecided - It is not yet known if there will be a plan to make this available

**Data Dictionary**

Undecided - It is not yet known if there will be a plan to make this available