

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

27 Jul 2026

### Comparing the Effects of Oral Steroidal and Non-Steroidal Anti-Inflammatory Drugs on Pain Severity Following Inferior Alveolar Nerve Block in Mandibular Molars with Symptomatic Irreversible Pulpiti(A Double-Blind Randomized Clinical Trial)

#### Protocol summary

##### Study aim

Primary Objective: Compare pre-treatment oral steroids and NSAIDs on success of inferior alveolar nerve block anesthesia in symptomatic irreversible pulpitis of mandibular molars. Secondary Objectives: Determine anesthesia success in control and each drug group (prednisolone, dexamethasone, naproxen, piroxicam, diclofenac). Compare success among groups.

##### Design

A randomized, double-blind, parallel-group, community-based, pragmatic clinical trial with a control group.

##### Settings and conduct

This study will be conducted at the endodontics specialist's clinic and includes patients referred for endodontic treatment. Sampling will be convenience-based according to inclusion criteria until the required sample size is reached. Eligible participants will be stratified based on gender, age, and pain severity, and then randomly assigned into six groups using the blockrand package in R software. Patients' pain levels will be recorded at four different stages of the procedure using the Heft-Parker VAS scale, and anesthesia success will be defined based on pain intensity.

##### Participants/Inclusion and exclusion criteria

Inclusion Criteria: Systemically healthy (ASA I) patients aged 18-60 with symptomatic irreversible pulpitis in mandibular molars, no periapical changes (Periapical Index  $\leq 2$ ), able to use pain scale. Exclusion Criteria: Teeth with trauma, open apex, pulp necrosis; systemic disease; immunodeficiency; pregnancy; allergies; recent (within 12h) antibiotic, analgesic or sedative use; long-term medication; unable to consent.

##### Intervention groups

Six groups received oral premedication: naproxen 500 mg, dexamethasone 4 mg, prednisolone 20 mg, piroxicam 20 mg, diclofenac 50 mg, and placebo

(dextrose).

##### Main outcome variables

Pain during procedure; success of anesthesia

#### General information

##### Reason for update

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT20250815066862N1**

Registration date: **2025-08-26, 1404/06/04**

Registration timing: **prospective**

Last update: **2025-08-26, 1404/06/04**

Update count: **0**

##### Registration date

2025-08-26, 1404/06/04

##### Registrant information

##### Name

Mahsa Mehrban

##### Name of organization / entity

##### Country

Iran (Islamic Republic of)

##### Phone

+98 990 513 3526

##### Email address

mahsamehrban1374@gmail.com

##### Recruitment status

**Recruitment complete**

##### Funding source

##### Expected recruitment start date

2025-09-06, 1404/06/15

##### Expected recruitment end date

2025-10-07, 1404/07/15

**Actual recruitment start date**

empty

**Actual recruitment end date**

empty

**Trial completion date**

empty

**Scientific title**

Comparing the Effects of Oral Steroidal and Non-Steroidal Anti-Inflammatory Drugs on Pain Severity Following Inferior Alveolar Nerve Block in Mandibular Molars with Symptomatic Irreversible Pulpitis (A Double-Blind Randomized Clinical Trial)

**Public title**

Effects of Oral Steroidal and Non-Steroidal Anti-Inflammatory Drugs on Pain Severity following Inferior Alveolar Nerve Block in

**Purpose**

Treatment

**Inclusion/Exclusion criteria****Inclusion criteria:**

Systemically healthy patients (ASA 1) aged 18 to 60 years with molars with symptomatic irreversible pulpitis (with a history of moderate to severe pain and pain lasting more than 45 seconds on pulp sensibility test) No periapical changes on radiographs (periapical index  $\geq 2$ ) Participants who understood the method of using the pain scale.

**Exclusion criteria:**

Systemic disease, immunodeficiency, pregnancy, history of allergy to local anesthetic solutions or any experimental drug The patient is unable to provide informed consent. Taking antibiotics, painkillers, and sedatives up to twelve hours before root canal treatment as part of a study and long-term use of medications. Teeth with trauma, open apex, pulp necrosis (no bleeding observed after access cavity preparation).

**Age**

From **18 years** old to **60 years** old

**Gender**

Both

**Phase**

3

**Groups that have been masked**

- Participant
- Investigator
- Outcome assessor

**Sample size**

Target sample size: **210**

**Randomization (investigator's opinion)**

Randomized

**Randomization description**

Sequence Generation and Allocation Concealment: To minimize bias in the allocation of participants to study groups, the random sequence will be generated by an independent individual who is not involved in the conduct of the trial. Participants will be assigned to six treatment groups using the SPSS software and a computer-generated random number generator. The generated sequence will be kept confidential with

restricted access to ensure allocation concealment.

Therefore, the research team will remain unaware of the group assignment of each participant in advance.

**Blinding (investigator's opinion)**

Double blinded

**Blinding description**

This study will use a double-blind design, meaning that both participants and outcome assessors will be unaware of the treatment group assignments. The interventions are designed to be similar in appearance and administration to prevent identification of the groups. The purpose of blinding is to minimize bias during data collection and analysis. The medications/interventions used in the groups will have identical appearance, packaging, and administration to ensure that neither participants nor assessors can identify the assigned groups.

**Placebo**

Used

**Assignment**

Parallel

**Other design features****Secondary Ids**

empty

**Ethics committees****1****Ethics committee****Name of ethics committee**

Ethics committee of Khorramabad University of Medical Sciences

**Street address**

Shafiepoor blvd

**City**

Khorramabad

**Province**

Lorestan

**Postal code**

6814989468

**Approval date**

2025-08-13, 1404/05/22

**Ethics committee reference number**

IR.LUMS.REC.1404.194

**Health conditions studied****1****Description of health condition studied**

Oral Steroidal and Non-Steroidal Anti-Inflammatory , Symptomatic Irreversible Pulpiti

**ICD-10 code****ICD-10 code description****Primary outcomes**

## 1

### Description

1. Success of Inferior Alveolar Nerve Block Anesthesia: The proportion of patients experiencing no pain or mild pain (0–54 mm) measured by the Heft-Parker Visual Analog Scale (VAS) during root canal treatment. 2. Pain Intensity During Procedure: The level of pain reported by patients at different stages of treatment (before medication, after local anesthesia, during access cavity preparation, and during file placement) measured by the Heft-Parker VAS.

### Timepoint

Pain intensity will be measured using the Heft-Parker VAS at four specific time points during the root canal treatment: 1. Before premedication administration (baseline) 2. After administration of local anesthesia 3. During access cavity preparation 4. During file placement in the root canals

### Method of measurement

Method of measuring the primary outcome variable: Pain intensity is measured using the Heft-Parker Visual Analog Scale (VAS), which consists of a 170-mm line divided into four categories: no pain (0 mm), mild pain (0–54 mm), moderate pain (55–114 mm), and severe pain (115–170 mm). Patients are trained to mark their pain level on this scale. Pain scores are recorded at each treatment stage and used to determine the success or failure of the anesthesia.

## Secondary outcomes

empty

## Intervention groups

## 1

### Description

Control group (Placebo): Oral premedication with one capsule containing dextrose as placebo, administered one hour before anesthesia, single oral dose. Capsules are identical in shape, size, and color to the intervention drugs, prepared in sealed, sequentially numbered envelopes. Intervention group 1 (Naproxen): Oral premedication with one 500 mg naproxen tablet (manufactured by [Company/Country]), administered one hour before anesthesia, single oral dose. Intervention group 2 (Dexamethasone): Oral premedication with one 4 mg dexamethasone tablet (manufactured by [Company/Country]), administered one hour before anesthesia, single oral dose. Intervention group 3 (Prednisolone): Oral premedication with one 20 mg prednisolone tablet (manufactured by [Company/Country]), administered one hour before anesthesia, single oral dose. Intervention group 4 (Piroxicam): Oral premedication with one 20 mg piroxicam capsule (manufactured by [Company/Country]), administered one hour before anesthesia, single oral dose. Intervention group 5 (Diclofenac): Oral premedication with one 50 mg diclofenac potassium tablet (manufactured by [Company/Country]), administered one hour before

anesthesia, single oral dose.

### Category

Treatment - Drugs

## Recruitment centers

## 1

### Recruitment center

#### Name of recruitment center

Private Endodontic Clinic, Dr. Maryam Dalaei Moghaddam

#### Full name of responsible person

Dr. Maryam Dalaei Moghaddam

#### Street address

Sharghi Shohada Street

#### City

Khorramabad

#### Province

Lorestan

#### Postal code

6814989468

#### Phone

+98 66 3331 8103

#### Email

mahsamehrban1374@gmail.com

## Sponsors / Funding sources

## 1

### Sponsor

#### Name of organization / entity

Khoram-Abad University of Medical Sciences

#### Full name of responsible person

Dr.maryam dalaei moghaddam

#### Street address

Shafipoor blvd

#### City

Khorramabad

#### Province

Lorestan

#### Postal code

6814989468

#### Phone

+98 66 3320 7826

#### Email

Maryam.dalaei@yahoo.com

### Grant name

### Grant code / Reference number

### Is the source of funding the same sponsor organization/entity?

Yes

### Title of funding source

Khoram-Abad University of Medical Sciences

### Proportion provided by this source

100

### Public or private sector

Private

### Domestic or foreign origin

Domestic

### Category of foreign source of funding

empty

**Country of origin**

**Type of organization providing the funding**

Persons

## Person responsible for general inquiries

### Contact

**Name of organization / entity**

Khoram-Abad University of Medical Sciences

**Full name of responsible person**

Dr. Maryam Dalaei Moghaddam

**Position**

Faculty Member, Faculty of Dentistry, Lorestan  
University of Medical Sciences, Khorramabad

**Latest degree**

Specialist

**Other areas of specialty/work**

Dentistry

**Street address**

Shafipoor blvd

**City**

Khorramabad

**Province**

Lorestan

**Postal code**

6814989468

**Phone**

+98 66 3320 7826

**Email**

maryam.dalaei@yahoo.com

## Person responsible for scientific inquiries

### Contact

**Name of organization / entity**

Khoram-Abad University of Medical Sciences

**Full name of responsible person**

Dr.maryam dalaei moghaddam

**Position**

Faculty Member, Faculty of Dentistry, Lorestan  
University of Medical Sciences, Khorramabad

**Latest degree**

Specialist

**Other areas of specialty/work**

Dentistry

**Street address**

Shafipoor blvd

**City**

Khorramabad

**Province**

Lorestan

**Postal code**

6814989468

**Phone**

+98 66 3320 7826

**Email**

maryam.dalaei@yahoo.com

## Person responsible for updating data

### Contact

**Name of organization / entity**

Khoram-Abad University of Medical Sciences

**Full name of responsible person**

Dr Maryam dalaei moghaddam

**Position**

Faculty Member, Faculty of Dentistry, Lorestan  
University of Medical Sciences, Khorramabad

**Latest degree**

Specialist

**Other areas of specialty/work**

Dentistry

**Street address**

Shafipoor blvd

**City**

Khorramabad

**Province**

Lorestan

**Postal code**

6814989468

**Phone**

+98 66 3320 7826

**Email**

maryam.dalaei@yahoo.com

## Sharing plan

### Deidentified Individual Participant Data Set (IPD)

Undecided - It is not yet known if there will be a plan to make this available

### Study Protocol

Undecided - It is not yet known if there will be a plan to make this available

### Statistical Analysis Plan

Yes - There is a plan to make this available

### Informed Consent Form

Undecided - It is not yet known if there will be a plan to make this available

### Clinical Study Report

Yes - There is a plan to make this available

### Analytic Code

Undecided - It is not yet known if there will be a plan to make this available

### Data Dictionary

Undecided - It is not yet known if there will be a plan to make this available

### Title and more details about the data/document

De-identified individual participant data (including age, gender, treatment allocation, and pain scores on Heft-Parker VAS), study protocol, case report forms (CRFs), and statistical analysis plan.

### When the data will become available and for how long

Data will be available within 6 months after completion of the study and publication of the primary results. Data will be available for at least 3 years after publication of the study results.

### To whom data/document is available

Access to the data will be granted only to qualified researchers upon written request and approval by the

ethics committee.

**Under which criteria data/document could be used**

The data will be available exclusively for research and scientific purposes in the field of dentistry, endodontics, and pain management. Use of the data requires maintaining patient confidentiality, de-identification of all information, and prior approval by the ethics committee. Data sharing for non-scientific or commercial purposes will not be permitted.

**From where data/document is obtainable**

Requests should be directed to the principal investigator, Dr. Maryam Dalaei Moghaddam (Faculty Member, Faculty

of Dentistry, Lorestan University of Medical Sciences, Khorramabad, Iran).

**What processes are involved for a request to access data/document**

Upon receiving a written request from a researcher, the application will be reviewed by the university ethics committee. If approved, de-identified data will be provided to the applicant in Excel or SPSS format. Access will be granted only for legitimate scientific and research purposes.

**Comments**