

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

10 Jun 2026

### Comparison of Tonsillectomy Outcomes Using LigaSure Device-Assisted Technique Versus Conventional Method

#### Protocol summary

##### Study aim

Comparison of the efficacy, complications, and clinical outcomes of two techniques, LigaSure and cold dissection, in tonsillectomy surgery.

##### Design

The present study is a phase 3, single-blind, controlled clinical trial with two parallel groups. Thirty eligible individuals will be randomly assigned to each group using random blocks.

##### Settings and conduct

Sixty eligible patients referred to the clinic of Baqiyatallah Hospital, will be randomly divided into two groups: cold dissection and LigaSure. Intervention group: Tonsillectomy surgery is performed using LigaSure. Control group: Tonsillectomy is performed using cold dissection. Patients do not know which group they have been assigned to, but they were informed about both methods beforehand and entered the study with full consent. Since they are under anesthesia, they are unaware of how their surgery was performed. Additionally, the treatment outcome assessor and the data analyst will be blinded to the study hypothesis.

##### Participants/Inclusion and exclusion criteria

Inclusion criteria: Patients older than 3 years and younger than 16 years who are candidates for tonsillectomy surgery; have provided consent for the procedure; undergoing tonsillectomy for the first time. Exclusion criteria: Patients who have a history of incomplete tonsil surgery, have coagulation disorders, or withdraw from continued cooperation during the study.

##### Intervention groups

Tonsillectomy surgery is performed using LigaSure. Control group: Tonsillectomy is performed using cold dissection. In this method, the tonsil and its capsule are separated from the surrounding tissues using a dissector, detached from the lower pole, and the tonsil is removed.

##### Main outcome variables

Pain intensity at the surgical site (pharynx) based on the Visual Analogue Scale (VAS)

#### General information

##### Reason for update

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT20260530069575N1**

Registration date: **2026-06-02, 1405/03/12**

Registration timing: **prospective**

Last update: **2026-06-02, 1405/03/12**

Update count: **0**

##### Registration date

2026-06-02, 1405/03/12

##### Registrant information

##### Name

Ismail Alhabash

##### Name of organization / entity

##### Country

Iran (Islamic Republic of)

##### Phone

+98 21 4405 8754

##### Email address

alhabash-ismail@bmsu.ac.ir

##### Recruitment status

**Not yet recruiting**

##### Funding source

##### Expected recruitment start date

2026-07-23, 1405/05/01

##### Expected recruitment end date

2027-05-22, 1406/03/01

##### Actual recruitment start date

empty

##### Actual recruitment end date

empty

##### Trial completion date

empty

##### Scientific title

## Public title

Comparison of Tonsillectomy Outcomes Using LigaSure Device-Assisted Technique Versus Conventional Method

## Purpose

Treatment

## Inclusion/Exclusion criteria

### Inclusion criteria:

Patients older than 3 years and younger than 16 years who candidates for tonsillectomy surgery have provided consent for the procedure Patients that undergoing tonsillectomy for the first time.

### Exclusion criteria:

Patients who have a history of incomplete tonsil surgery have coagulation disorders withdraw from continued cooperation during the study

## Age

From **3 years** old to **16 years** old

## Gender

Both

## Phase

3

## Groups that have been masked

- Participant
- Outcome assessor
- Data analyser

## Sample size

Target sample size: **60**

## Randomization (investigator's opinion)

Randomized

## Randomization description

Random allocation will be performed using the random blocking method (four-block blocks). The possible blocks are as follows: 1- AABB, 2- ABAB, 3- BABA, 4- BBAA, 5- BAAB, 6- ABBA. At this stage, numbers (1 to 6) will be randomly selected using a random number table, and this process will be repeated 15 times until the sample size is reached

## Blinding (investigator's opinion)

Single blinded

## Blinding description

Patients do not know which group they have been assigned to, but they were informed about both methods beforehand and entered the study with full consent. Since they are under anesthesia, they are unaware of how their surgery was performed. Additionally, the outcome assessor and the data analyst are blinded to the study hypothesis.

## Placebo

Not used

## Assignment

Parallel

## Other design features

## Secondary Ids

empty

## Ethics committees

### 1

#### Ethics committee

##### Name of ethics committee

Ethics Committee of Baqiyatallah Hospital

##### Street address

Baqiyatallah university, south sheikh bahai st, molasdra st, vanak sq

##### City

Tehran

##### Province

Tehran

##### Postal code

1435916471

#### Approval date

2026-03-18, 1404/12/27

#### Ethics committee reference number

IR.BMSU.BAQ.REC.1404.157

## Health conditions studied

### 1

#### Description of health condition studied

Tonsillectomy

#### ICD-10 code

J35.1

#### ICD-10 code description

Hypertrophy of tonsils

## Primary outcomes

### 1

#### Description

Pain intensity at the surgical site (pharynx) based on the Visual Analogue Scale (VAS)

#### Timepoint

24 hours, 3 and 7 days after surgery

#### Method of measurement

Visual Analogue Scale (VAS)

### 2

#### Description

Bleeding during operation

#### Timepoint

During surgery

#### Method of measurement

The volume of blood loss is calculated by counting the bloody gauzes (each saturated gauze = 15 mL) and collecting the blood in a graduated suction during the procedure, and is recorded in milliliters.

## Secondary outcomes

### 1

#### Description

operation Time

#### **Timepoint**

The time from the start of surgery (the first contact of the instrument with the tissue) until the completion of incision and bleeding control is recorded with a chronometer and reported in seconds or minutes.

#### **Method of measurement**

During operation

### **2**

#### **Description**

Infection

#### **Timepoint**

24 hours, 3 and 7 days after surgery

#### **Method of measurement**

Occurrence of an inflammatory response or local or systemic infection in the surgical area, characterized by symptoms such as fever, purulent discharge, foul odor, or redness

### **3**

#### **Description**

Secondary Bleeding

#### **Timepoint**

24 hours, 3 and 7 days after surgery

#### **Method of measurement**

Observation of obvious bleeding from the mouth or nose (spitting blood, hematemesis)

### **4**

#### **Description**

Posterior pillar injury

#### **Timepoint**

7 days after surgery

#### **Method of measurement**

Direct visual inspection: After removing the tonsil, the surgeon carefully examines the tonsillar fossa and both the anterior and posterior pillars using a retractor or speculum

## **Intervention groups**

### **1**

#### **Description**

Intervention group: onsillectomy surgery is performed using LigaSure. LigaSure is a new electrosurgical hemostatic device consisting of an electrosurgical generator, a handpiece with a forceps-like scissor mechanism, along with a manual or foot switch.

#### **Category**

Treatment - Surgery

### **2**

#### **Description**

Control group: Tonsillectomy is performed using cold dissection. In this method, the tonsil and its capsule are separated from the surrounding tissues using a dissector, detached from the lower pole, and the tonsil is removed.

Hemostasis is achieved using 3/0 Vicryl suture.

#### **Category**

Treatment - Surgery

## **Recruitment centers**

### **1**

#### **Recruitment center**

##### **Name of recruitment center**

Baqiyatallah Hospital

##### **Full name of responsible person**

Ismail Al-Habash

##### **Street address**

Baqiyatallah university, south sheikh bahai st, molasdra st, vanak sq

##### **City**

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##### **Province**

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##### **Postal code**

1435916471

##### **Phone**

+98 21 8855 5125

##### **Email**

alhabash-ismail@bmsu.ac.ir

## **Sponsors / Funding sources**

### **1**

#### **Sponsor**

##### **Name of organization / entity**

Bagheiat-allah University of Medical Sciences

##### **Full name of responsible person**

Abbas Ali Imani Fooladi

##### **Street address**

baqiatala university south sheikh baha st, molasadra, st , vanak sq.

##### **City**

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##### **Province**

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##### **Postal code**

1435916471

##### **Phone**

+98 21 8855 5125

##### **Email**

imanifooladi@gmail.com

#### **Grant name**

#### **Grant code / Reference number**

#### **Is the source of funding the same sponsor organization/entity?**

Yes

#### **Title of funding source**

Bagheiat-allah University of Medical Sciences

#### **Proportion provided by this source**

100

#### **Public or private sector**

Public

#### **Domestic or foreign origin**

Domestic

**Category of foreign source of funding**

empty

**Country of origin****Type of organization providing the funding**

Academic

**Person responsible for general inquiries****Contact****Name of organization / entity**

Bagheiat-allah University of Medical Sciences

**Full name of responsible person**

Ismail Al- Habash

**Position**

ENT Resident

**Latest degree**

Medical doctor

**Other areas of specialty/work**

Ear, Nose, and Throat

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alhabash-ismail@bmsu.ac.ir

**Person responsible for scientific inquiries****Contact****Name of organization / entity**

Bagheiat-allah University of Medical Sciences

**Full name of responsible person**

Jaleh Yusefi

**Position**

Otolaryngologist

**Latest degree**

Specialist

**Other areas of specialty/work**

Ear, Nose, and Throat

**Street address**

Nosrati Alley, Sheykh Bahaei st, Mollasadra st., Vanaq sq., Tehran, Iran

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**Province**

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**Postal code**

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**Phone**

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**Email**

yousefi.jaleh@gmail.com

**Person responsible for updating data****Contact****Name of organization / entity**

Bagheiat-allah University of Medical Sciences

**Full name of responsible person**

Ismail Al - Habash

**Position**

ENT Resident

**Latest degree**

Medical doctor

**Other areas of specialty/work**

Ear, Nose, and Throat

**Street address**

baqiatala university south sheikh baha st, molasadra, st , vanak sq.

**City**

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**Province**

Tehran

**Postal code**

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**Phone**

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**Email**

alhabash-ismail@bmsu.ac.ir

**Sharing plan****Deidentified Individual Participant Data Set (IPD)**

No - There is not a plan to make this available

**Justification/reason for indecision/not sharing IPD**

Due to patient confidentiality and privacy considerations, we have not received permission from the ethics committee to share individual patient data

**Study Protocol**

No - There is not a plan to make this available

**Statistical Analysis Plan**

No - There is not a plan to make this available

**Informed Consent Form**

No - There is not a plan to make this available

**Clinical Study Report**

No - There is not a plan to make this available

**Analytic Code**

No - There is not a plan to make this available

**Data Dictionary**

No - There is not a plan to make this available